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# Health Rays



**THE NOVA SCOTIA SANATORIUM**

Vol. 56      May 1975      No. 5

# HEALTH RAYS

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*Authorized as Second Class Mail, Post Office Department, Ottawa*

*Published monthly by the Nova Scotia Sanatorium, Kentville, N.S., in the interests of better health, and as a contribution to the anti-tuberculosis campaign.*

SUBSCRIPTION RATES . . . . . 25 cents per copy . . . . . \$2.00 per year

Please address all communications to: The Editor, Health Rays,  
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## Sanatorium Visiting Hours

DAILY: 1100 - 2030 (11:00 a.m. - 8:30 p.m.)

# Health Rays Through The Years

Eileen M. Hiltz

1954 -- **Health Rays** begins the year with the same sterling trio at the helm: Editor, Robina Metcalfe; Business Manager, Hazel McMichael (now LeFave); Subscription Manager, Doris Sperry, and the Editorial Comment offers bright words of encouragement and urges greater efforts in the months to come.

The "Sanatorium Activities" devotes more than two columns to a description of a combined minstrel and Christmas show. It was a prodigious production, combining good music, sharp wit and very commendable acting on the part of many talented staff members, with an assist from a few good San. friends. Notable among the latter was Father (now Monsigneur) Durney, who played a leading part in both design and action of these Sanatorium musical and dramatic efforts.

**Health Rays** proudly comments upon the achievements of two members of the Sanatorium medical staff: "--it was a red letter day at the Sanatorium early in December when our husband and wife Medical team in the persons of Dr. J. J. Quinlan and Dr. H. M. Holden successfully passed their examinations by the Royal College of Physicians and Surgeons in Canada. Dr. Quinlan received his certification in the specialty of Thoracic Surgery, while Dr. Holden was certified as a specialist in Internal Medicine. And as the paper stated -- this honor is considered unique for one family in the same year and has made history in the annals of the Royal College". A buffet dinner was held at the Hiltz' home, when Dr. Holden and Dr. Quinlan were presented with a mantle clock in honor of their attainments.

We note an important beginning: "During the past month a Stamp Club has been formed at the Sanatorium,

and those enthusiasts who collect these valuable little bits of paper got their heads together and are doing wonders. Miss Ann-Marie Belliveau is in charge of the group, and although it is a small one at present, by the interest in its circulation, the growth should be very rapid". And may we report that those "little bits of paper" still exercise a great fascination for Anne-Marie.

"Sanatorium Activities" for February notes the passing of a once great meeting ground, the patients' dining room. Up to 1954 there were so many long-term and ambulatory patients, also the so-called working-patients, that the largest accommodation was necessary for them, (the room now used as the Sanatorium cafeteria); and many were the enduring and fleeting romances that bloomed within its walls. Who among the real Old Timers does not remember Carrie Gillis, who carried out her duties as head waitress with so much kindly care for some 22 years. We are happy to report that Carrie, now retired, lives in Kentville and looks wonderfully well.

Station S.A.N. was still the big entertainment and information force in San. life, and the April issue comments on its renovated and greatly improved facilities. Station S.A.N.'s popular operators at the time were Cecilia McPhee and Desire D'Eon.

Now we come to May-June and the "Gold Book"; that magnum effort put out to honor the Nova Scotia Sanatorium on its 50th birthday. Between golden covers appeared the complete story of the Sanatorium, past and present, during its 50 years of existence. Replete with accounts of every facet of San. life, and accompanied by a remarkable folio of pictures covering every phase, the book is a standing memorial to the

(continued on Page 2)

## HEALTH RAYS THROUGH THE YEARS (Continued)

editorial staff and to all the "experts" called upon to provide the contents.

The cover of the July issue shows the 1954 Sanatorium entry in the Apple Blossom Festival Parade, and naturally it depicts a Birthday Party, the San's 50th, that is.

"Sanatorium Activities" tells of arrivals and departures to and from the Sanatorium staffs. They are too many to enumerate, but I feel a comment is due on the retirement of Miss Lois Porter: "Miss Lois Porter, of Kentville, who for the past number of years has been secretary to the medical superintendent at the Sanatorium, has resigned from her position. We feel we have lost a little bit of the institution with her resignation because Miss Porter knows the Sanatorium 'in and out', first under Dr. A. F. Miller, and more recently under Dr. J. E. Hiltz". Lois' successor as secretary to the Medical Superintendent was Miss Joan Walker, who is still a bulwark at the San.

The Editorial Comment in October recalls to mind the great disaster known as "Edna", a monster hurricane which caused unbelievable havoc in the Valley just as the apples were maturing for harvest.

November 1954, and a new editor comes to Health Rays. Robina Metcalfe, who has guided the destiny of the magazine for nearly three years, retired from the Sanatorium and went to live with her mother in Hamilton, Ontario. As was stated in a brief article of appreciation following her departure: "Robbie had a knack with words, a keen sense of humour, and a flair for journalism as evidenced by her well thought-out articles and editorials. As a good editor, she also had the patience and perseverance to cope cheerfully with unwilling and tardy contributors". The new editor, who was also librarian, was Miss Betty

Mulloney of Kentville. I think this marked the first time the editor of **Health Rays** was not patient nor ex-patient of the Sanatorium. Although not of the San. family when she took over the work, Betty very quickly became identified with all phases of Sanatorium life.

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## Dr. C.J.W. Beckwith

A recent obituary in the Chronicle-Herald brought us word of the death of Dr. Charles J.W. Beckwith, Pine Haven Estates, at the age of 72. He was predeceased by his wife, the former Hazel R. Pearson. He is survived by his son, Pearson, Toronto, and two sisters, Mrs. Mollie Ross, Toronto, and Mrs. Monica Scott, Bedford, and one grandson.

Dr. Beckwith first came to the N.S. Sanatorium at age 17, as a patient. He became a staff physician in November 1928, and remained until June 1, 1937. In 1936-37 academic year he was on leave of absence when obtaining his Diploma in Public Health. Our Health Rays records contain the item of historical significance that on October 22, 1935, Dr. Beckwith was first assistant to Dr. Vernon D. Schaffner when the first thoracoplasty operation was performed at the Sanatorium. The second assistant was Dr. J.S. Robertson, and Dr. J. Earl Hiltz administered the anaesthetic. The patient was Dr. Howard Ripley, later to be Radiologist at the Moncton General Hospital.

Dr. Beckwith was later Superintendent of the Halifax Tuberculosis Hospital, during the late 1940's and 1950's was associate professor of the Dalhousie Medical School, and Executive Secretary of the N.S. Medical Association.



# Dr. Florence J. Murray

## DR. FLORENCE J. MURRAY DIES

Dr. Florence Jane Murray died April 14 at the Victoria General Hospital, at the age of 81, ending a career which included 47 years as a missionary and doctor. She was the only lady in the Dalhousie Medical class of 1919, and was in the midst of two great emergencies even before her graduation. The first was the Halifax Explosion, in 1917, when she assisted in emergency hospitals which were set up in Camp Hill Hospital, the Halifax Ladies College, the Wagwoltic Club, and the Y.W.C.A. The second emergency was during the disastrous influenza epidemic of 1918, when she was sent to Lockeport where twenty-five people had died, and the only doctor had fallen victim to the sickness.

In 1921 Dr. Murray began what was to become practically a life-time of service in Korea. In the area to which she was assigned, Dr. Murray was the only physician and of necessity had to perform numerous operations which would fall into the realm of specialists. Until she was able to train an assistant she also administered the anaesthetic at the same time.

Dr. Murray served in her own hospital for 20 years, until interned by the Japanese in 1942. In the same year a prisoner exchange took place and Dr. Murray returned to Canada on the exchange ship "Gripsholm". She then worked in Halifax until November 1945 when she came to the N.S. Sanatorium and remained on staff for a period of ten months.

The war having ended, Dr. Murray was able to return to Korea in 1947. In 1950 the Korean War exploded, and her hospital was bombed. She fled south with the refugees and at Inchon was taken aboard a Japanese freighter and subsequently returned to Nova Scotia. The following year, however, she returned to Korea and entered into the

terrific task of caring for sick and wounded civilians, where no facilities existed. She served both on land and on a 600-bed Danish Red Cross hospital ship, and was decorated by King Gustav of Denmark for her outstanding service.

When in 1961, Dr. Murray had completed forty years of service in Korea, the plight of Koreans suffering from leprosy called her again into action. Enlisting the aid of the victims themselves an old army tent was set up as the first clinic. When this blew to pieces they moved into a storehouse. Then the U.N. forces came to the rescue and a more-lasting clinic was established. By the clinic there is a small chapel where the grateful victims of leprosy erected a monument in her honour.

In 1956 Dalhousie University honored her with a Doctor of Laws Degree. Pine Hill Divinity Hall also awarded her an honorary degree of Doctor of Divinity. Dr. Murray was the first woman to have an honorary degree conferred on her by Pine Hill Divinity College.

Born in Pictou Landing, Dr. Murray was the daughter of the late Rev. Robert and Isabel Murray. She is survived by four brothers, Dr. Alexander F. Murray, Montreal; Dr. Foster S. Murray, Saskatoon; Dr. A.E. Murray, Halifax; R. Charles Murray, Lower Sackville; and one sister, Dr. Anna I. Dyke, Clarksburg, Ontario.

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increase in frequency and severity and the patient builds tolerance to the medication, ever larger doses may be needed. Serious side effects, such as irregular heartbeat, gastrointestinal disorder and lowered resistance to infection often result from long term use. In children, use of cortisone or other potent steroids over a long period can retard growth and have other serious effects.

Small wonder that so much psychic tension has in the past surrounded this recurrent ailment.

### **Now-Attacks Can Be Prevented**

The new cromolyn-sodium drugs—available by prescription only under the brand names Aarane and Intal—are used exclusively for prevention of attacks. Fortunately, they have been found to be safe and, especially in childhood asthma, remarkably effective. In England, where cromolyn sodium was introduced in 1968, the drug has proved so successful that it's now the most frequently prescribed drug for asthma in that country and the third most often prescribed of all drugs.

In a series of U.S. studies conducted by a research team headed by Dr. John S. Hyde of Rush Medical College and Presbyterian-St. Luke's Hospital, Chicago, cromolyn was found effective in about 50 percent of adult asthmatics. But in children and adolescents with severe asthma, it proved effective in as high as 85 percent.

Similar findings in other studies are reported by the Allergy Foundation of America. Dr. Leoni Claman, chairman of the board of the Allergy Foundation, who runs a comprehensive program for young asthmatics at the New York Infirmary, New York City, calls cromolyn "a very useful agent in many patients when used preventively as part of total care—treating the entire person, not just the asthma." This "total care" concept is part of what makes the new attack-

preventing drugs so significant.

Dr. Claman points out that repeated attacks of asthma lead to absence from school, causing children to fall behind, with consequent loss of initiative and confidence, often hindering normal development. In those patients who respond to the drug, a great deal of emotional as well as physical distress is prevented.

Cromolyn has been shown to be very helpful to many young patients who wheeze or cough when they begin to exercise. Use of cromolyn sodium before exercise has enabled them to take part in sports and other activity, and this has contributed substantially to their general good health and emotional well-being?

### **A Future Help for Hay Fever?**

Cromolyn sodium is derived from the seeds of *amni vasa*, an eastern Mediterranean herb long used in treating infants with colic. Now produced synthetically, it is administered by an inhaler, in which a capsule is punctured, releasing a fine mist of

white powder that the patient breathes in. During periods of exposure to pollen or other allergens, the daily dosage is usually four capsules; at other times, dosage may be reduced or eliminated.

How it works isn't completely clear. It is thought the drug somehow blocks or inhibits the release of histamine and other body chemicals that constrict the bronchial tubes, inflame airway walls and produce excess mucus. In other countries, the drug has been used effectively for a number of years for prevention of hay-fever attacks. Further knowledge of how cromolyn works thus offers future hope for the 13 million Americans affected by this allergy.

### **The Total-care Concept**

Encouraging as results have been with

(continued on Page 8)

# Sir Alexander Fleming

(DISCOVERER OF PENICILLIN)

In Sir Almroth Wright's famous bacteriological laboratory at St. Mary's Hospital in London there was a painstaking and observant Scot whose name was Alexander Fleming. He had been born in 1881 in Lochfield; had attended school in Scotland, but went to England to study medicine at St. Mary's Hospital. After graduation he found his true interest lay in the study of bacteriology. And so, 20 years later, he was still working in his old hospital, trying to solve the great riddle that had baffled so many.

He was making a special study of a certain family of dangerous bacteria. These he had planted on a smooth agar jelly contained in covered circular glass dishes. The bacteria had grown into little pearl-like colonies and at intervals Dr. Fleming would lift the lids off and examine the colonies under a microscope. On this particular morning in 1928 he was making his usual inspection, when his attention was suddenly attracted to one of the plates.

On this memorable morning it was clear that something was very much amiss. The plate was contaminated by a fuzzy white growth of mould. On some previous occasion a tiny seed of mould had been floating around in the laboratory air and had settled on the open culture dish quite unnoticed. It had grown and now there it was about the size of a quarter, spoiling the whole experiment.

Alexander Fleming was an inquisitive, cautious and canny Scot, so, instead of throwing the plate away in disgust and by so doing tossing away one of the greatest discoveries of all medical history, he studied it and saw to his astonishment that the colonies of bacteria were now to be seen only towards the edge of the circular dish. The mould had produced some sub-

stance powerful enough to dissolve the bacteria near it!

Fleming in all his experience had never seen anything just like this before, and being a true scientist he set the plate aside. He began to work on his startling discovery. He repeated the experiment many times, and what is more, he showed that the extract of the mould did not have any damaging effect on the white blood of animals. Here, at last, was the great day when the frustrated hope of half a century was finally realized.

Fleming identified the mould as belonging to the family of common bread moulds. The family is called "genus penicillum", so he called the extract penicillin.

It is fascinating to think that of all the thousands of moulds that might have contaminated the buns he and his colleagues had for tea, it chanced to be one of the very few capable of producing the powerful healing drug Penicillin. But Alexander Fleming's genius was that he saw the significance of this happen-chance. He later tried the substance on slowly healing wounds in human subjects with curative results, and suggested its wider use in severe infections in the human.

The story does not quite end there, for Fleming soon discovered the great difficulties in getting enough Penicillin from the growing moulds, and for years things went very slowly. In the meantime the sulphur drugs were discovered. They were not nearly so powerful as Penicillin but they provided further evidence that the great riddle was solved. Their discovery stimulated Dr. Howard Florey at Oxford to experiment on new and better methods of producing Penicillin. By the time the Second

Great War came, Florey knew enough about the problem to realize that Penicillin could be made in great quantities, provided vast sums of money could be obtained to start large-scale production. He also followed Fleming's suggestion and proved that Penicillin could safely be given to human beings in curative doses in cases of overwhelming infection. The crisis of war made governments listen to Dr. Florey and Penicillin was on the battlefield by D-Day.

This story of Sir Alexander Fleming is from the booklet "Heroes of Health", published by the Health League of Canada, 111 Avenue Road, Toronto 5.

### IT IS SPRING TODAY

There's a Springlike tinge in the morning sky,  
And a small boy laughs when a kite flies high,  
For Winter has whistled a last goodbye,  
And there's Spring in the air today.

There are patches and streaks of tawny brown  
In meadows where snow has melted down,  
And a sweet air of mystery stirs each town,  
Because it is Spring today.

In the garden young tulips are showing green,  
In borders the bonnie wee crocus is seen,  
And the peony shoots have a rich rosy sheen.  
For it's Spring in the garden today.

There's an odor of Spring in the whispering pines,  
There's a sparkling flash where a little brook shines,  
And a happy bird singing in last year's vines,  
For it's Spring -- It is Spring today!  
- Hazel Hutchings.

## How To Live.... On \$100. A Year

You can live on \$100 a year.

Get rid of all your furniture except one chair and one table. Throw out all T.V. sets, lamps, radios.

Dispose of all your clothing but your oldest dress or suit. One pair of shoes may be kept for the head of the family.

Shut off the water, gas, electricity. Remove all appliances from the kitchen, keep in the pantry only a small bag of flour, some sugar and salt, a few moldy potatoes, a handful of onions, some dried beans.

Take away the house and move the family to the toolshed. Your neighborhood will be a shantytown.

Move the nearest medical help ten miles away. It will be tended by a midwife.

Get rid of the car. Forget newspapers, magazines, books. You won't miss them because you must also give up literacy.

Count your emergency fund at \$5.00. You'll have no bankbooks, pension plans, insurance policies.

Cultivate three acres as a tenant farmer.

Provided there is no drought, you can expect from \$100 to \$300 a year in cash crops, paying 1-3 to the landlord and at least 1-10 to the moneylender.

Lop off 25 to 30 years in life expectancy.

### Millions do...

In fact 1/2 of the people in our world actually live on \$100 a year...and they do it much as described here!

In our economy it is not really possible to live on \$100 a year. But - you could probably live on \$100 less this year.

Think about it!  
- From an appeal for Overseas Missions



## That Guilty Feeling

from the U.S. Tobacco Journal, October 25th

"It has been pointed out that perhaps the most potentially dangerous threat to the future of the tobacco industry is not so much legislative smoking and advertising bans -- or even outrageous levels of taxation -- as the developing psychological attitude that smoking is somehow socially unacceptable. As non-smokers in recent years have gone through various levels of what might be called consciousness-raising, via anti-smokers' adroit use of media, there has been a declining willingness to tolerate tobacco smoke. This "take-a-stand" attitude on the part of non-smokers has been reflected in the growing hue and cry for smoking bans, which has met with limited success thus far -- More subtle, but far more dangerous, is the creeping attitude that smoking is not always socially acceptable. If smokers can be made to feel guilty if they do something frowned upon in certain social situations, they're less likely to do it. There's a snowball effect, with the socially unacceptable situations widening. More and more smokers are likely to give up their pleasure altogether. Guilt is a powerful force.

We think there is evidence of this attitude and it apparently is becoming more widespread. People who smoke, who enjoy it, many of whom are in the least desirous of giving up their pleasure, are beginning -- because of a developing social unacceptability -- to enjoy it less and even forego it in certain situations. The tobacco industry must begin to think about this phenomenon and lay the groundwork for a countervailing strategy to defeat it."

- Courtesy The Northern Light

## NEW HELP FOR YOUNG ASTHMATICS

(continued from Page 5)

the new cromolyn drugs, especially in young asthmatics, they are by no means the complete answer to this vastly complex disorder. All authorities agree with Dr. Claman that the drugs should be used preventively in selected cases as part of an overall program to meet the total needs of the asthma patient and the family.

Fortunately, today many hospitals have allergy clinics or units staffed with physicians, psychologists, social workers, family counselors and other professionals to help both patient and parent cope with the many physical, emotional, educational and social problems involved. In these total-care programs, patients receive everything from medication to motivation, from breathing and physical-fitness exercises to guidance on personal problems. Parents are instructed on what to do in various circumstances and what not to do. For example, parents learn that asthmatic children can completely dominate an entire family if they are catered to or overprotected. The best approach is to treat them as much as possible like other children.

This is much easier to do with the new drugs that prevent attacks and thus allow the asthmatic child to enjoy a near-normal life.

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If you steal from one author, that's plagiarism; if you steal from twenty authors, that's research!

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## THINKING OUT LOUD

Biting off more than you can chew is a proven way to cut some wisdom teeth.

Experience is a wonderful thing. It enables you to recognize a mistake every time you repeat it.

Summer is that time of the year when the highway authorities close the regular roads and open up the detours.

What's so new about finding marriage partners with a computer? In times past, a girl always had a calculator called mother.

What is it about human nature that makes it easier to break a commandment than a habit?

A hospital bed is a parked taxi with the meter running.

Why is it that the wrong number of a telephone is never busy when we call?

The big thing wrong with the younger generation is that so many of us do not belong to it.

The horn of plenty is the one the guy behind you has on his car.

Women are very loyal - when they reach a certain age, they like to stick to it.

Nobody ever lost his shirt when his sleeves were rolled up.

There are altogether too many persons who seem to have a "Do Not Disturb" sign on their opinions.

Do it the hard way! Think ahead of your job. Then nothing in the world can keep the job ahead from reaching out for you. Do it better than it need be done. Next time, doing it will be child's play. Let no one stand between you and the difficult task; let nothing deny you this rich chance to gain strength by adversity, confidence by mastery, success by deserving. Do it better than anybody else can do it. I know this sound old-fashioned. It is, but it has built the world.

-Harlow W. Curtis

## IT'S SPRING

The butterflies are swarming  
On the honeysuckle vine;  
The hummingbirds are humming  
And the bees are keeping time;  
The meadow brook is babbling,  
And the birds begin to sing;  
The whole wide world is list'ning --  
For once again it's Spring.

—O—

When days are fair and Spring has sprung,  
The chirping cricket busts a lung,  
The festive frog infests the rills,  
And skeeters whet their whicker-bills.  
Tho' all my inclination leads  
Unerringly toward garden seeds,  
I sing, tra'la, with cheek in tongue  
That Spring has sprung!

—O—

"To get his wealth he spent his health,  
And then with might and main;  
He turned around and spent his wealth  
To get his health again."

Thomas A. Edison once said, "I am long on ideas but short on time." Yes, it is very true that just small ideas and hobbies lots of times lead to big things.

No matter how young or how old, it's never too late to start a hobby. But when you start one, don't think it must develop into financial dividends; some hobbies are worthless so far as monetary gain is concerned, but they are fun and they do help to pass the time. Many a lady has won prizes on crocheting, cake baking, flower arranging, or solving crossword puzzles.

Everyone should have a hobby of some kind, whether it be large or small. On a rainy day, stormy or shut-in days, it's always nice for a child or younger person to have a hobby to turn to, while for an older person it may well help to while away what otherwise might be many lonely hours. For anyone, a hobby is relaxing - and at the same time it's stimulating.

From The Link



## Chaplain's Corner

by Lic. Peter Day  
Student Chaplain, N.S. Sanatorium

### PRAYER

What is prayer? Some have said simply that it is conversation with God. Others see prayer as a petition to Him asking for various and sundry items. Some people see it as a meeting with a close, personal friend. For others it can be a frightening thing, meeting Someone who is all powerful and distant. Some are not even sure God is listening to them as they pray in desperation.

Where do you fit in? Perhaps none of the above descriptions describes your prayer life. Nevertheless, most of us have prayed in the past; some of us still are.

Why should we pray? A good, sensible question to be asked by anyone who considers praying. The Bible says we are "to pray unceasingly to our Father in heaven". Jesus has left us with the Lord's Prayer as a guide. For Jesus, prayer was central, to keep open the lines between Himself and His Father. In the hustle and bustle of life Jesus found that prayer renewed him, gave him the strength to go on into a dangerous, yet exciting future.

You and I have been promised the same if we pray sincerely to our Father. We all need God's strength and guidance in these days of change and growth. God is never far away; He's there waiting to hear from you and me. Wouldn't you like to meet and talk with Him? Listen . . . can you hear His voice?

I would like to share a prayer I came across in my reading. It is taken from a book "Learning to Listen, Lord" by Harold Rogers (Word Books).

"You will only the best for us, Lord.

It is your wish that we should have peace, joy, love, patience, but too often we have not let you direct our lives. Instead, we have taken over the controls.

"Through your love many troubled waters have been smoothed, discord turned into harmony, and insecurity and resentments into trust and understanding.

As we take these steps with your help, grant healing of both mind and body.

You created us. You know and understand us far better than we understand ourselves. You know the innermost parts of our bodies, the smallest cell. You have placed the healing powers within our bodies. Every moment you are healing, strengthening, re-creating; yet seldom do we pause to realize that.

Now may we be more conscious of your gifts to restore us to wholesomeness and the fullness of life. Accept our gratitude for all that you have done and are doing to bring about healing. Give us the faith we need to do our part.

Amen.

What can I claim as mine, Lord?

Not people  
nor money  
nor things

for all of these can die or turn to ashes  
in the night.

So what is mine —  
except my feelings  
my memories  
and you?

- from "God is a Verb!"

## Monsignor J.H. Durney, Honoured

KENTVILLE—Described as a "real community builder," Monsignor J. Harry Durney was guest of honor at a testimonial dinner in appreciation of his leadership during the 25 years he was parish priest at St. Joseph's Roman Catholic parish.

Monsignor Durney is Roman Catholic chaplain at Camp Hill Hospital, Halifax. He was assistant for two years and parish priest at St. Joseph's for 23 years.

Monsignor Durney was a past president of Rotary, chaplain and police captain of the Kentville Fire Department, chaplain at CFB Greenwood. He played a key role in introducing little league baseball to Nova Scotia and participated in various capacities in the old Halifax and District Baseball League.

In the keynote address New Minas fire chief B. R. Wade and former chief of the Kentville department, spoke of Monsignor Durney as a "real community builder" whose leadership qualities were felt locally, nationally and internationally.

Tributes and presentations were

made by: Rev. J. C. Thibeau, St. Joseph's parish priest; Glen Ells, MLA; Rev. Albany d'Entremont, Berwick; Kentville fire chief Vince Jackson; J. Betik, N.S. Sanatorium administrator; Rev. Franklin Pothier; Ross Watkins, St. Joseph's parish council; Kentville Mayor R. W. Phinney; Franklyn Haynes, BFM hospital administrator; C. R. MacEachern, Knights of Columbus; Mrs. M. Wood, Catholic Women's League; Mrs. Harriett Heffler, Berwick parish; Mrs. L. Sarsfield, Canning parish; Peter Muttart, Kentville Rotary; D. K. MacDonald, Kentville Rotary; New Minas fire chief B. R. Wade; Premier Gerald Regan and others.

Monsignor Durney said while he may have given some leadership in community service, none of the projects could have been carried out without the co-operation of the people.

"Work together and you can do a tremendous amount of good. Continue to work together and you will have a good community and a good town," said Monsignor Durney.

### STUDENT PASTOR AT SANATORIUM

We welcome Lic. Peter Day to the N.S. Sanatorium for the summer months. Mr. Day is a Masters Student at the Acadia Divinity College, having previously obtained a B.A. degree in history. He has also worked for three years in the Halifax-Dartmouth area as a representative for Scott Paper Company.

Mr. Day was originally from Moncton, N.B., and is now living in Wolfville. He is married to the former Mary Lou Parker, who worked in the Annex in 1966, and their first-born is expected in July.

### MY MATTRESS AND I

Night after night, for years on end,  
My mattress has been my closest friend.

My mattress and I are cosy and pally;  
There are hills on the sides --I sleep in the valley.

It clearly reveals the shape I'm in:  
Where I'm thin, it's thick; where it's thick, I'm thin.

Its contours reflect the first and last of me;

It's very nearly a plaster cast, I see.  
I'll miss my mattress when I am gone -

It's the one thing I've made an impression on.

--Exchange

## Old Timers

We are pleased to have a fairly steady number of renewals each month and we can tell from some of the notes received that our readers are interested in hearing of the whereabouts of former patients and staff just as we are.

We have a note from Burdena (Mrs. W. K.) Cowan, 712 East 12th Ave., Vancouver, saying: "I often recognize names of people I knew while training at the San. I was so very sorry about Dr. Crosson's death. Wishing all of you the best, in the future...."

Marguerite Wheten, Box 36 Antigonish, writes: "I look forward each month to the San news, and often see names of people whom I met and knew while a patient in '72-'73. Best wishes to staff and patients, with my hope that you will have a speedy recovery."

Here is a cheery note: "Best wishes to your publication which continues to produce informative and enjoyable reading. I extend greetings to all whom I knew in 1970-71. As for myself, I am thankful for good health which permits me to enjoy my retirement after thirty-five years of teaching. In March, I particularly enjoyed a cruise to the sunny Caribbean and their delightful weather. In the bilingual spirit, may I close with "Meilleurs vœux", (signed) Marguerite H. Comeau, Box 3479, R.R.1 Yarmouth.

James Colin Mitchell, R.R. 2 Head Jeddore, renewed for two years and says that it is a good way of keeping in touch with the San and its many changes.

Mrs. Irene (Charles J.) Richards, River Hebert, renewed for two years and writes: "I enjoy receiving and reading Health Rays very much. I am pleased to say that after my visit in 1972 I have enjoyed good health, and feel that the Sanatorium is a wonderful place to go to get back on the road to good health. The Doctors and Nurses are a grand bunch of people. Was so

sorry to hear of Dr. Crosson's death. He must be greatly missed by all."

Mariam Clifford, known to many as a nurse at Roseway and the San wrote on April 28th from Tiverton: "Subscription time, also house-wrecking time. Have bulbs and seedlings all over the place, waiting for warm weather. Daffodils are so brave to bloom in this cold. Enjoyed a few days with Helen Comeau at Salmon River. Has a nice home and keeps busy as usual and is enjoying retirement. I was thinking how much times have changed. In my earlier nursing days there were so many patients streaking. Best wishes to all at the San." (Yes Miss Clifford, even the concept of "streaking" seems to have changed nowadays!)

Renewals have been received from: Mrs. Dora Murphy, Port Williams; Andrew J. Mooers, Milton, who just left us recently; George A. Rafter, R.R.1 Windsor Junction, who also left the San several weeks ago; Mrs. Kathleen Randall, R.R.2 Centreville, Kings Co.; Mrs. Daisy Mah, 83 Church St., Amherst; Garnet Zwicker, 15 Orchard Ave., Wolfville; Mrs. Helen Taylor, R.R.5 Canning; Annis Mosher, R.R.2 New Germany; Chester Hiltz, Chester; Mrs. Joseph G. Laba, 1673 Edward St., Halifax; Mrs. Arnold Wiggins, Young's Cove Road, Queens Co., N.B.; and Roland Comeau, 3179 Connaught Ave., Halifax.

There are renewals from Arthur C. Pettipas, Executive Secretary of the Halifax County Anti-Tuberculosis League, 150 Windmill Road, Dartmouth; Miss Anne McGrath, 2080 Windsor St., Halifax; Dr. D. H. Kirkpatrick, Kentville; Mrs. Violet Hunter, 19½ Nichols Ave., Kentville; Mrs. Ernest Salsman, Greenhill, R.R.1 Westville; who writes, "Best wishes to all the wonderful staff at the San."; and Mrs. Ethel M. Shaw, Health Nurse in Charge, Moncton Chest Clinic, 428 Collishaw St., Moncton.

We have a renewal from Mrs. Lilah S. Bird, R.R.1 Wolfville, whose

writings we have enjoyed; and from Wilfred L. Fraser, on the eve of his return to his home in Waternish, Guys. Co. Mrs. Adeline Jorday, East I, was telling me that her name had been sent in to a periodical, The Bluenose Rambler, I believe, and among the letters which she received was one from a former staff member, Mrs. Bertha Wilbur, who worked in the Infirmary and the Annex in 1927-28. Her address is now 311 - 15th St., Watervliet, N.Y. She mentioned Dr. Miller, Miss Drake, who was Night Supervisor, and Neva Sanford (Mrs. Thomas Carrol).

Trudy May Cobb visited the San one day in April, and is enjoying life "on the outside". She was in the process of moving from Greenwood to 15 Spruce Haven Drive, Sydney.

Now, here are some notes from Anne-Marie:

Congratulations are extended to Mr. and Mrs Merle Putnam, Masstown, on the birth of a daughter weighing 7 lbs. 8½ ozs., on April 27, 1975. Claudia was here in 1970 and is kept busy looking after her family which now numbers four - two sons and two daughters. The baby's name is Kari Lunn.

Mary and Percy Doucette of New Minas were visiting in Yarmouth recently and on their way stopped over in New Edinburgh to visit Evelyn (Comeau) Lombard, and then stayed overnight at Helen Comeau's in Salmon River. Both Evelyn and Helen are well. No doubt Helen is preparing for her spring planting, and we wish her well with her crops. That straw hat of yours will come in handy again this year, Helen!

Hector McKean visited Nelson MacNeil in Malagash recently. Nelson was here in 1950 and is kept busy operating his farm.

## In Appreciation

To the Doctors, Nurses and all members of the Staff of the Sanatorium, I wish to express my most sincere thanks and appreciation for the many kindnesses that made my stay at the San a very pleasant one. To you all, my very best wishes and kindest personal regards.

Sincerely,  
Wilfred L. Fraser  
Waternish  
R.R. 2 Aspen  
Guysborough Co.

xx xx xx

My son Boyd and I have both been patients at the San recently and he and I would like to express our sincere thanks to Dr. Holden, Dr. Quinlan, and all the nurses and staff at the San who, through their cheerfulness and understanding, made our stay such a pleasant one.

Verna Whynott  
Boyd Whynott  
R.R. 3 Middleton

xx xx xx

Would you please convey to both the Medical and Domestic staffs my most heartfelt thanks and appreciation for the kindness shown me while I was a patient in the N.S. Sanatorium. A special thanks to the nurses on the Third Floor and Drs. Holden and Quinlan. I am still feeling well and feel very fortunate to have been sent to Kentville and put in such good hands.

I thank you again.

Sincerely,  
(Mrs.) Eleanor Hicks  
102 East Victoria St.  
Amherst.

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Artful dressing and a smooth paint job will take 20 years off a woman's age. But you can't fool a long flight of stairs.

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## Ins And Outs



### NOVA SCOTIA SANATORIUM ADMISSIONS

APRIL 1 TO APRIL 30, 1975

MRS. SHEILA MARGERY DURLING, Box 93 Kingston; MRS. CHARLOTTE EVA ANDERSON, R.R. 3 Wolfville; HARVEY LeROY CONNORS, R.R. 1 Waterville; STEPHEN EVERELL MULLEN, 62 Prospect St., Yarmouth; MRS. CHERYL ANNE REID, Parrsboro; DAVID DANIEL LOVE, R.R. 1 Clementsvalle, Anna. Co.; MURRAY EDWARD KYNOCK, R.R. 2 Kentville; HOWARD LAMOND SWINAMER, R.R. 1 Windsor; MRS. FRANCES MAE SMITH, Barton, Digby Co.; FORD REGINALD DREW, Auburn, Kings Co.; GEORGE PHILIP CORBIN, 36 Tupper Road, Kentville; CARL WILFRED WATKINS, 123 Main St., Yarmouth; clara beatrice MAYO, 364 Cornwallis St., Kentville; MRS. MARJORIE ALICE AMIRAULT, Overton, R.R.3 Yarmouth; WILFRED EARL BARKHOUSE, R.R. 2 Canning; THOMAS JOSEPH DOUCET, St. Bernard, R.R.1 Weymouth; HAROLD VAUGHN ANTHONY, Chebogue, R.R.2 Yarmouth; ALEXANDER HUGHIE MacDONALD, Mabou, Inv. Co.; alton otis LIGHTFOOT, Lower Wolfville; MRS. ANNE BLANCHE SEXTON, 44 Westwood Ave., Wolfville; MRS. JESSIE CORDELIA TERRY, 1205 Commercial St., New Minas; JAMES LeROY HURLEY, 32 South Albion St., Amherst; MRS. CAROLINE MYRTLE FLEET, Myra Road, Porter's Lake, Hfx. Co.;

CLARENCE VICTOR FRASER, R.R.5 Canning; URBAIN BELLIVEAU, Belliveau's Cove, Digby Co.; ELVIN JAMES STEVENSON, Brickton, Anna. Co.; ROBERT BASIL ELLIOTT, New Ross, Lun. Co.; DONALD ERVIN HELPARD, Waterville; MRS. MAE MARY ALLISON WADE, Aalders Ave., New Minas; WALDO FRANK BURGESS, 240 Cornwallis St., Kentville; HOWARD WILLIAM BROOKS, Liscomb Mills, Guys. Co.; THOMAS ALFRED CARRIGAN, R.R.5 Ashdale, Antig. Co.; MICHAEL WILLIAM MacNEIL, 30 Stead St., Kentville; BUDD WHITMAN GERTRIDGE, R.R.1 Wolfville; MRS. ELSIE HELENA BULLERWELL, R.R.2 Kingston; HARRY STANAGE REID, R.R.3 Kentville; WILSON LeROY WHITE, Kempt, Queens Co.; FRANCIS XAVIER DeCOSTE, East Tracadie, Antig. Co.; HARRIS KENNETH O'BRIEN, River Hebert, Cumb. Co.; ELDWIN OWEN PETERSON, Pleasant Valley, R.R.2 Berwick; LEAMAN ROBERT MacLEAN, R.R. 1 South Brookfield, Queens Co.; MRS. VERA JANE CHRISTENSEN, 84 South Albion St., Amherst.

### DISCHARGES

APRIL 1 TO APRIL 30, 1975

IRA EMERSON SNYDER, Simpson's Corner, Lun. Co. (Expired); HARVEY LeROY CONNORS, R.R.1 Waterville; BLAKE ELLSWORTH MAGEE, 7 Windsor St., Kingston; MRS. SHELIA MARGERY DURLING, Box 93, Kingston; NELSON ARNOLD LEVY, R.R.1 Lunenburg; MRS. DOROTHY GRACE BROWN, Port Williams; MICHAEL PAUL, Micmac, Hants Co.; CARL FREDERICK SMITH, Box 306, Middleton; MRS. CLARA BEATRICE MAYO, 364 Cornwallis St. Kentville; BOYD IVAN WHYNOTT, R.R.3 Middleton; MRS. FRANCES MAY



GREENE, Centre Burlington, Hants Co.; GEORGE HERBERT GESNER, R.R.1 Lawrencetown; MRS. FRANCES MAY SMITH, Barton, Digby Co.; DOUGLAS JOSEPH SMITH, Berwick; FREDERICK JAMES SARTY, R.R.3 New Germany; MRS. JESSIE AURLEE MOUNTAN, 221 Clarence St., Amherst; CLYDE EVERETT CHUTE, Hampton, Anna. Co.; RICKY ARTHUR FANCY, North Kingston; LAWSON JAMES MYRA, Box 266, Lower Sackville; WILFRED LAURIER FRASER, Waternish, R.R.2 Aspen, Guys. Co.; MRS. CHERYL ANNE REID, Parrsboro; HARRY STANAGE REID, Highbury, R.R.3 Kentville; CARL WILFRED WATKINS, 123 Main St., Yarmouth; STUART EUGENE CALDWELL, Sweet's Corner, Windsor R.R.1; HAROLD RUFUS PARRISH, Lakeville, R.R.1 Kentville; MRS. CHARLOTTE EVA ANDERSON, Melanson, R.R.3 Wolfville; ELVIN JAMES STEVENSON, Brickton, R.R.3 Lawrencetown; WILFRED EARL BARKHOUSE, Canning, R.R.2; FORD REGINALD DREW, Auburn, Kings Co.; MRS. MADELINE MARY CREAMER, Canaan, R.R.2 Kentville; MRS. ANNE BLANCHE SEXTON, 44 Westwood Ave., Wolfville; GEORGE HENRY KELLY, South Berwick, R.R.1 Berwick; DUNCAN EUGENE BAILEY, Round Hill, Anna. Co.; MRS. MAE MARY ALLISON WADE, Aalders Ave., New Minas; MARY ELIZABETH DURNO, Port Williams; MRS. VERA MARIE CARTER, Millville, R.R.1 Aylesford; CLARENCE VICTOR FRASER, Glenmont, R.R.5 Canning; MRS. VERA JANE CHRISTENSEN, 84 South Albion St., Amherst.

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## HEALTH RAYS GOLDEN JUBILEE FUND

Contributions to this Fund may be addressed to:

HEALTH RAYS JUBILEE FUND  
Nova Scotia Sanatorium  
Kentville, N.S.

An official receipt will be sent to all contributors, and all contributions are tax deductible. Your contributions will help Health Rays to remain healthy.

The standing as of May 1, 1975:

|                          |            |
|--------------------------|------------|
| Previously acknowledged: | \$5,338.20 |
| Recent contributors:     |            |
| Wilfred L. Fraser        |            |
| John T. Pye              |            |
| Miscellaneous            |            |
| Total                    | 60.00      |
| Grand Total              | \$5,398.20 |

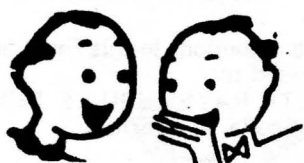
We received a further donation, which will be shown in the next issue. It is from Mrs. W.H. Marsters, Box 147, Hantsport, who writes: "This is to inform you of the death of my dear husband, Wilbert H. Marsters, who passed away at the Payzant Memorial Hospital, Windsor, on March 9, and enclosed is a donation to your Fund, in his memory. Also, my family and I wish to add our grateful thanks to all the staff, especially Dr. Holden, for the tender care given to him during his days at the San."

Property is the fruit of labor; Property is desirable; it is a positive good in the world. That some should be rich shows that others may become rich, and hence is just encouragement to industry and enterprise.

Let not him who is houseless pull down the house of another, but let him work diligently and build one for himself, thus by example assuring that his own shall be safe from violence when built.

-Abraham Lincoln  
(March 21, 1864 - In a speech to The Workingmen's Association).

## Just Jesting



Man to landlord: "My apartment is so cold that every time I open the door the light goes on."

It isn't what you have in your pocket that makes you thankful, but what you have in your heart. Unknown

Instead of bemoaning the fact we can't have all we want, many of us should be thankful we don't get what we deserve.

These are the days when most of us never had as much - nor had it taken away from us so fast.

The real democratic American idea is not that every man shall be on a level with every other, but that every man shall have liberty, without hindrance, to be what God made him.

The golfer was positioning his ball at the 8th tee when a gorgeous girl, attired in a bridal gown came up to him.

He looked up at her, obviously disgusted and said, "I told you distinctly, only if it rained."

A banker went to the doctor for a checkup. After a thorough examination, the doctor advised him of his condition and the banker fainted. "All I told him," the doc explained to his nurse "was that he was as sound as a dollar."

Pestering the old fisherman who had been patiently fishing from the same spot all day, the tourist asked brightly, "Well, are they biting?"

The fellow raised his head slowly. "If they are, stranger," he drawled, "they're bitin' each other."

Compliments are like perfume. They should be inhaled, not swallowed.

Sign in the waiting room of a maternity ward: "Call Us Any Time of Day or Night. We Deliver."

Woman fishing: "Have you another cork dear? This one keeps sinking."

"Feet," the teacher exclaimed, "What does that spell, Albert?"

"I dunno."

"Well, what is it that a cow has four of and I have two?"

Albert told her.

"What's your cat's name?"

"Ben Hur."

"What made you call him that?"

"Well, we just called him Ben, until he had kittens."

The chairman of the board interrupted the director's debate on an issue to announce that a mini-bus was blocking the driveway and asked that it be moved. A voice at the end of the table replied. "I move the mini-bus." Another voice said, "I second it."

The chairman banged his gavel, "The mini-bus has been moved and seconded," he said. "We shall now proceed with further business of the meeting."

### BIOLOGY LESSON

Here comes the happy bounding flea,

You cannot tell the he from she.

The sexes look alike, you see,

But he can tell, and so can she.

### WELL?

Have you ever watched a butterfly

And noted how it fluttered by,

To wonder then the reason why

It was not called a flutterby?

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THIS HALF PAGE SPONSORED BY

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## BARBERSHOPPERS ENTERTAIN AT THE SAN

Patients and staff of the Nova Scotia San were recently favoured by a program of old and new songs presented by the renowned Kentville Chapter of the Federation of Barbershop Singers. This group took time out from a busy schedule of preparation for festival competition on May 24th at Acadia University.

Also, on the same program, interesting slides of Holland and Germany were shown by Lic. Peter Day, who is a new-comer to the San and will be our Student Chaplain for the summer months.

A few observations on flying, collected by Harold Dunn, teacher at Kirkwood, Missouri, from students' remarks:

"The First lady aviator was Kitty Hawk".

"Roger Wilco invented the language of communications."

"Back in 1924, eight men tried to fly around the world but they only ended up where they started."

"Spinning Jennys were Flying Jennys that didn't work."

"A visa is a passport permitting immigration. For round trips, you need a vica versa".

"So far, planes have only been able to fly in circles of no more than 360 degrees. This could be the next big breakthrough in air travel."

"Thanks to what we are learning from aviation, we should soon be able to look forward to having ceilings made out of fog."

"Floyd Bennet comes from the year 1926. He is a famous aviator few people have ever heard of".

"During the Twenties people started walking on airplane wings and the like. I know it is crazy but this was before television so what else was there to do?"

-Mainliner.

Two old settlers, confirmed bachelors, sat talking. The conversation drifted from politics to cooking.

"I got one o' them cookery books once, but I never used it," said one.

"Why didn't you?" said the other.

"Yer dern tootin' not! Every one of them recipes began the same way: 'Take a clean dish', and that settled me!"

— 0 —

Judge: "The idea of a man of your size beating a poor weak woman like that."

Prisoner: "But, your Honor, she keeps irritating me all the time."

Judge: "How does she irritate you?"

Prisoner: "Why, she keeps saying 'Hit me! Beat Me! Just hit me once and I'll have you hauled up before that bald-headed old reprobate of a judge, and see what he'll do to you!'"

Judge: "Discharged!"

— 0 —

Two Workmen sat down to eat their lunch, and one began unwrapping a parcel about 18 or 20 inches long.

"What's that?" asked his friend.

"Well, my wife's away, so I made a pie myself."

"A bit long, isn't it?"

"Of course it's long, it's rhubarb."

— 0 —

A dignified lady, a pillar of the church, shook hands with the pastor at the end of the services. "Wonderful sermon," she exclaimed. "Everything you said applies to somebody I know."

A little girl, new to baby sitting, was asked her prices. After some thought she wrote them down: "Sleeping babies, twenty-five cents; crying babies, thirty-five cents; wet babies, forty cents; and worse than wet babies, seventy-five cents."

Seeing ourselves as others see us wouldn't do much good. We wouldn't believe it, anyway.

## NOVA SCOTIA SANATORIUM

### ACTIVE STAFF

|                                                      |                  |
|------------------------------------------------------|------------------|
| H.M. HOLDEN, M.D., F.R.C.P. (C) F.C.C.P. . . . . .   | Medical Director |
| J.J. QUINLAN, M.D., F.R.C.S. (C), F.C.C.P. . . . . . | Surgeon          |
| F.J. MISENER, M.D., F.C.C.P. . . . . .               | Radiologist      |
| MARIA ROSTOCKA, M.D. . . . . .                       | Physician        |
| * G.A. KLOSS M.D., F.C.C.P. . . . . .                | Physician        |
| BARBARA LEITCH, M.D. . . . . .                       | Physician        |

### CONSULTANTS

|                                                          |                                |
|----------------------------------------------------------|--------------------------------|
| S.V. ANAND, M.D., F.R.C.S. (E & C) F.A.C.S. . . . . .    | General Surgery                |
| D.W. ARCHIBALD, M.D., F.R.C.P. (C) . . . . .             | Psychiatry                     |
| S.F. BEDWELL, M.D., F.R.C.P. (C) . . . . .               | Neurology                      |
| J.C. CROSBIE, M.D., F.R.C.P. (C) . . . . .               | Pediatrics                     |
| T. DOK, M.D., D.O.M.S., D.L.O. (Eng.) . . . . .          | Ophthalmology & Otolaryngology |
| P.P. GEORGE M.D., F.R.C.P. (C) . . . . .                 | Psychiatry                     |
| J.A. HYNES, M.D., F.R.C.P. (C) . . . . .                 | Internal Medicine              |
| C.E. JEBSON, M.D., F.R.C.S. (C) . . . . .                | Urology                        |
| * D.H. KIRKPATRICK, M.D. . . . . .                       | Anaesthesiology                |
| B.F. MILLER, M.D., F.R.C.S. (Ed.) F.R.C.S. (C) . . . . . | Orthopedic Surgery             |
| D.M. MacRAE, M.D., F.R.C.S. (C), F.C.C.P. . . . . .      | Bronchoscopy                   |
| G.M. SMITH, M.D., D.P.H. . . . . .                       | Preventive Medicine            |
| P.W.S. WATTS, M.D., M.R.C.O.G., F.R.C.S. (C) . . . . .   | Obstetrics & Gynaecology       |

\* Certified by P.M.B.

### ADMINISTRATIVE

|                                              |                            |
|----------------------------------------------|----------------------------|
| J.T. BETIK . . . . .                         | Administrator              |
| MISS E. JEAN DOBSON, R.N., B.Sc.N . . . . .  | Director of Nursing        |
| MISS EILEEN QUINLAN, B.Sc., P.Dt. . . . .    | Senior Dietitian           |
| DONALD M. BROWN, B.A., B.Ed., M.S.W. . . . . | Director of Rehabilitation |

### POINT EDWARD HOSPITAL

|                                          |                                  |
|------------------------------------------|----------------------------------|
| D.S. ROBB, M.D. . . . . .                | Medical Superintendent           |
| T.K. KRZYSKI, M.D., ChB. . . . . .       | Assistant Medical Superintendent |
| D.B. ARCHIBALD, M.D. . . . . .           | Consultant Urologist             |
| R.G. CHOKSHI, M.D. . . . . .             | Consultant Bronchoscopist        |
| E.C. McDONAGH, M.D. . . . . .            | Consultant Psychiatrist          |
| H.R. CORBETT, M.D. . . . . .             | Courtesy Consultant, radiology   |
| R. MATHIESON, M.D. . . . . .             | Courtesy Consultant, pathology   |
| H.M. HOLDEN, M.D. . . . . .              | Courtesy Consultant, cardiology  |
| MISS KATHERINE MacKENZIE, R.N. . . . . . | Director of Nursing              |
| MRS. JOAN CHIASSON. . . . . .            | Dietitian                        |

## Church Affiliation

### NOVA SCOTIA SANATORIUM

#### ANGLICAN

Rector — Archdeacon Dr. L.W. Mosher  
San. Chaplain — Rev. William Martell

#### BAPTIST

Minister — Rev. A.E. Griffin  
Lay Visitor — Mrs. H.J. Mosher

#### CHRISTIAN REFORMED

Minister — Rev. H. Kuperus

#### PENTECOSTAL

Minister — Rev. T. Kenna

#### ROMAN CATHOLIC

Parish Priest — Rev. J.A. Comeau  
Asst. Priest — Rev. J.C. Thibau

#### SALVATION ARMY

Capt. Sidney Brace

#### UNITED CHURCH

Minister — Dr. K.G. Sullivan  
San. Chaplain — Dr. J. Douglas Archibald

The above clergy are constant visitors at The Sanatorium. Patients wishing a special visit from their clergyman should request it through the nurse-in-charge.

### POINT EDWARD HOSPITAL

#### ANGLICAN

Rev. Weldon Smith  
Parish Priest — Father Angus MacLeod

#### ROMAN CATHOLIC

#### UNITED CHURCH

Rev. Allan MacIntosh  
Rev. E.H. Bean

#### PRESBYTERIAN

#### SALVATION ARMY

Capt. Alex Swan