



ON THE CAMPUS



THE year 1936-37 has without doubt been one of the most successful in many years from the standpoint of student activities in the Dalhousie Medical School. There has been a continuation of the rejuvenation process which commenced in the Student Medical Society about three years ago. General interest has been keen, and both the older and the more recently established organizations received strong student support.

One of the most interesting meetings of the Student Medical Society was held at the Public Health Clinic on February 21st when over a hundred members heard Dr. Dadson of Acadia University present in his own inimitable way his views on the therapeutic value of a laugh. As a text for his "sermon" Dr. Dadson used the quotation: "In doing thine alms; let not thy right hand know what thy left hand doeth." With deft touches he developed his theme of the need for the physician to cultivate the lighter; "left-handed" side of his nature, thereby bringing to himself a fuller measure of enjoyment and contributing something to the too-sober Canadian philosophy of life. We hope that Dr. Dadson will return to Dalhousie in the near future, and that the Society will again have the pleasure of hearing and pondering his witty and thought-provoking remarks.

The *Journal* wishes to welcome another new organization to the Medical Campus. In March of this year, chiefly through the efforts of Dr. Clyde Holland, a Students' Medical Journal Club was started. The chief purpose of the Club is to stimulate the interest of medical students in current medical literature. Membership is purely voluntary, and everyone who joins is expected to enter whole-heartedly into the Club's activities. Each member chooses or is assigned a journal, each issue of which he must read. He may be called upon at any meeting to present to the members any interesting or valuable facts he has learned, or to review any articles which he thinks are of outstanding importance. The value of such an organization need hardly be outlined. Through it the students gain a wider view of current medical literature than they could possibly obtain in the limited time available for library work. They cultivate an interest in all medical publications, not only in the few outstanding or better-known journals. They develop the valuable power of discrimination between the gold of useful, important information and the dross of impractical meanderings and valueless repetitions. In addition, they gain some measure of training in the art of public speaking, an art in which most medical men feel, and often are, sadly deficient.

The first meeting of the Club was a real success, and it is hoped that next year it will receive the full support which it deserves from the student body.

The Student Medical Society held its annual banquet at the Halifax Hotel on the evening of Saturday, March 6th. The music and speeches, the food and the punch were all excellent and everyone of the hundred students and doctors had an uproariously good time. Messrs. Nicholson, Stoddard and Hopkirk were responsible for this excellent night's entertainment.

The Dalhousie Radio Program proved to be an interesting innovation this year. The medical program held special interest for the listeners when several medical students commented on the present system of medical education, the value of the Dalhousie Public Health Centre and their views on State Medicine. Many of the listeners commented on the excellent "radio voices" of our friends, Ramsay, Rubins, Plumer and Harris.

We extend our hearty congratulations to Carl R. Trask, '38, on his winning of the Dr. Atlee Prize for the Obstetrical essay, printed elsewhere in this issue.

The Dalhousie Year Book will be on sale at an early date. The editors have made this a very attractive volume, and, since the number of copies is limited, graduates are advised to subscribe early.

The Student Council elections this year saw Gordon MacKenzie, '40, and Clarence Gosse, '39, elected as Medical Representatives, and Fred Day, '39, as Council President. Congratulations, boys, and may your work be as creditable as that of your Medical predecessors. The whole University may well be glad and proud that "as Medicine goes, so goes Dalhousie".

The Meds had quite a successful year in interfaculty sport. They won the series in hockey and softball, tied for first place in football with Commerce-Engineers, and lost only in basketball. In addition Forrest Hall once more regained the Monroe Day trophy from Studley.

The *Journal* hopes to announce in the near future a system of awards based upon points gained for contributions or for work on the staff. It is felt that some token similar to the "D" gained for work on the *Dalhousie Gazette* would help stimulate student interest and serve as a small reward to those who assist in the publication.

An active committee of the Alumni Association is preparing an excellent program for the Dalhousie Reunion in 1938. This marks the anniversary of 100 years of continuous teaching at Dalhousie. Members of the Medical Faculty, both graduate and undergraduate, are keenly interested, and it is hoped that a large number of doctors will take the long planned-for holiday and visit Halifax in the fall of 1938.

C. B. S.

“Kiss me
goodbye,
darling—



and eat
your apple
on your way
to school.”

MOTHERLY kisses are all right, and so are apples, *but—*

Thousands of little boys and girls are rushed off to school hungry every morning—with a kiss and/or an apple or bun—because insufficient time was allowed for the child's morning meal.

Breakfast, which should form an important foundation for the growing child's eager activities, frequently is a mere snack, hurriedly gulped, so that many a child goes to school half-starved. How can a hungry child learn his lessons?

In behalf of tired mothers, it must be said that the long cooking of ordinary cereals is a drudgery, especially if there also be smaller children who break her rest during the night and clamor for attention before dawn. In most cases, the older members of the family lose out at

breakfast time not because the mother is lazy or inconsiderate, but simply because she is exhausted and requires extra rest.

A happy solution of the breakfast problem, one that may even hold the home together during such troublous times, who knows, is PABLUM.

PABLUM banishes over-night and early-morning cereal drudgery, so that mothers can get their deserved rest. At the same time, all members of the family, including the school children, are assured of a quick *nourishing* breakfast.

To prepare PABLUM, simply add milk or water of any temperature, and serve with cream, salt and sugar. If preceded by orange or tomato juice and followed by a glass of milk, and a capsule of Mead's Viosterol in Halibut Liver Oil, such a breakfast fulfills every nutritional requirement: Protein✓ Fat✓ Carbohydrate✓ Vitamins: A, B, C, D, E, G✓✓ Minerals: Calcium, Phosphorus, Iron, Copper, Etc., Etc.✓✓ Calories✓

Pablum (Mead's Cereal pre-cooked) is a palatable cereal consisting of wheatmeal, oatmeal, cornmeal, wheat embryo, alfalfa leaf, beef bone, brewers' yeast, and salt.

Mead Johnson & Co. of Canada, Ltd., Belleville, Ont.

Please enclose professional card when requesting samples of Mead Johnson products to cooperate in preventing their reaching unauthorized persons