

Mon, Sept 19 from 5 to 7 pm The Company House

2202 Gottingen St, Halifax Please RSVP: acewh@dal.ca

# Sex or Gender? What difference does it make?

**The words "sex" and "gender**" can be confusing for policy makers, health care providers and the general public. But, there are important differences between these terms. Sex refers to biological differences between females and males. Gender refers to roles and behaviours that society considers acceptable for women and men. While these definitions may seem straightforward, they seldom "fit" any one person and, so, it can be challenging to understand **how** and **why** sex and gender matter.

Join our expert panel in a discussion about sex, gender, health and well-being. You will have a chance to share your thoughts and experiences, and to ask questions. The relaxed session will include light refreshments. More information: www.acewh.dal.ca

#### Barbara Clow, PhD

Executive Director Atlantic Centre of Excellence for Women's Health Dalhousie University

### Blye Frank, PhD

Dean
Dept. of Education
University of British Columbia
Advisory Board, Institute of
Gender & Health, CIHR

#### **Experts:**

## Jim Oulton, MSW RSW

Consultant
President Elect
Canadian Professional Association
for Transgender Health



# Moderator: Jennifer Bernier, PhD

Researcher Atlantic Centre of Excellence for Women's Health Dalhousie University

