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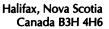
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AGENDA BOARD OF GOVERNORS DALHOUSIE UNIVERSITY

Wednesday, January 17, 1996 University Hall, MacDonald Building

4:00 p.m.	 Approval of agenda Minutes of Board meeting of December 12, 1995 (enclosure) 			
	3.	President's Report (to be distributed at the meeting)		
4:10	4.	Presentation Series Bright Lights: Exciting Initiatives at Dalhousie Dr. Patrick McGrath "Understanding and managing pain in children" (enclosure)		
4:25		Discussion		
4:35	Items for decision			
	5.	1996-97 Student Assistance Programme Allocations	(Almon)	
	6.	Proposed schedule of meetings for 1996-97 (enclosure)	(Traves)	
4:45	Items for discussion			
	7.	Rationalization: Government's response to Metro Universities Business Plan	(Traves)	
5:45	Items for information			
	8.	Capital Campaign update	(Risley)	
6:00	Adio	nurnment		





Minutes of a meeting of the Board of Governors held on January 17, 1996 at 4:00 p.m. in University Hall.

Present:

Mr. Allan C. Shaw Chairperson Mr. David J. Almon Mr. Peter Bryson Prof. Joan Conrod

Mr. James S. Cowan Vice-Chairperson

Mr. J. Dickson Crawford

Mr. Fred S. Fountain

Ms. Heather Gibson

Dr. Elaine Gordon

Mrs. Patricia Harris

Dr. Frank Lovely

Ms. Bernadette Macdonald

Ms. Suzan MacLean

Hon. Jacqueline Matheson

Mrs. Josie Richard

Mrs. Patricia Roscoe

Mr. Kenneth C. Rowe

Mr. Geoffrey Stewart

Dr. Colin Stuttard

Dr. Tom Traves

President

Mrs. Carol D. Young

Honorary Secretary

Also present were: Mr. Bryan G. Mason (Vice-President, Finance and Administration); Mr. Eric A. McKee (Vice-President, Student Services), Mr. Henry E. Eberhardt (Vice-President, External); Dr. J. Andrew Wainwright (President, Dalhousie Faculty Association); Mr. Brian C. Crocker (University Secretary and Legal Counsel); Ms. Julia Eastman (Coordinator of Policy Development); Mr. W. H. Lord (Director, Physical Plant and Planning); Mr. William A. Straitton (Director, Capital Campaign); Ms. Mary Somers (Acting Manager, Public Relations); and Ms. Joann Griffin (Secretary).

Regrets were received from Mr. Gerald Clarke, Mr. David Cox, Ms. Margaret Langley, Mr. George MacDonald, Mrs. Ann Petley-Jones and Mr. John Risley.

The Chairperson called the meeting to order at 4:05 p.m.

Approval of Agenda - Board members approved the agenda as distributed.

Minutes of Board meeting of December 12, 1995

Mr. Cowan moved and Professor Conrod seconded a motion THAT the Minutes of the Board of Governors meeting of December 12, 1995 be approved. The motion carried.

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President's Report

In reviewing the President's Report, a copy of which is attached to these Minutes, Dr. Traves commented that the first three items were extremely good news items dealing with the NSERC/Satlantic Industrial Research Chair in Ocean Acoustic Technology to be filled by Dr. Alex Hay, a proposed NSERC/3M Canada Industrial Research Chair in Materials for Advanced Batteries for which 3M has committed almost \$1 million over five years, and the appointment of Ms. Esmeralda Thornhill as the first holder of the James Robinson Johnston Chair in Black Canadian Studies effective July 1, 1996. He noted that the only other item in the President's Report was rationalization and observed that he would comment on that matter later in the meeting.

Presentation series: Bright Lights - Exciting Initiatives at Dalhousie

Dr. Patrick McGrath was in attendance to make a presentation to the Board on his research dealing with understanding and managing pain in children. Prior to the presentation Dr. Traves observed that it was a great pleasure to introduce Dr. McGrath who came to Dalhousie in 1989 and is currently Professor of Psychology, Psychiatry, Pediatrics, and Occupational Therapy as well as being Coordinator of Dalhousie's Clinical Psychology Program. He observed that in addition Dr. McGrath holds various positions at the IWK/Grace and Camp Hill Hospitals as well as Acadia University. He then cited Dr. McGrath's numerous activities, along with awards and distinctions he has received, during the past year alone.

Dr. McGrath's slide presentation and commentary provided Board Members with an appreciation of the process and the importance, for scientific purposes, of being able to measure in numbers. He provided examples of various methods of scale ratings for the intensity of pediatric pain; explained the findings of several studies, and noted validity and correlational analyses that are a part of his research, the development of which has been matched by significant changes in clinical practice. At the conclusion of his presentation, he responded to questions from various Board members.

Items for discussion

1996-97 Student Assistance Programme Allocations

Mr. Almon, Chair of the Student Relations and Residence Committee, reviewed the proposed Student Assistance Programme Allocations for 1996-97 the total amount of which he noted is \$88,000 more than the previous year.

Mr. McKee observed that virtually all of the Student Assistance Programme monies that are received are utilized and disbursed. He also explained that the basic intent of bursaries is that they

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are available for students who qualify for such assistance to help meet a shortfall but they are not intended to finance an education. Ms. Gibson noted that her impression was that students do view bursaries as an emergency resource.

With respect to the \$300,000 allocation for non-renewable undergraduate entrance scholarships it was explained that first year students with an average of 80% or better will receive a \$500 scholarship and those with a 90% or better average will be eligible for a \$1,000 scholarship.

Mr. Almon moved and Mr. Cowan seconded a motion that the following Student Assistance Programme Allocations for 1996-97 be approved:

Student Employment	\$1,000,000
Undergraduate Bursaries	1,410,000
Undergraduate Entrance Scholarships	300,000
Pre-University/University Exploration (Bursaries for Indi	genous Black and 10,000
First Nations Students)	
Dentistry, Law and Medicine Bursaries	330,000
Indigenous Black and Mi'kmaq Programme Tuition Waiv	yers 95,000
Graduate Scholarships/Bursaries	300,000
International Education Assistance	75,000
International Student Scholarships	75,000
Contingency	21,000
For a total of	of \$3,616,000

The motion carried.

Proposed schedule of meetings for 1996-97

Board members agreed to approve the proposed schedule of meetings for 1996-97 as distributed at the meeting. It was observed that the one change that had been made to the earlier schedule is that we will now revert to the earlier practice of also holding the Board meeting in January on the third Tuesday of the month.

Items for discussion

Rationalization: Government's response to Metro Universities Business Plan

Dr. Traves commented that Cabinet met once in December to review the Metro Universities Business Plan and the Nova Scotia Council on Higher Education Report and that it was

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understood they had a lively discussion during which Government expressed disappointment with the Business Plan as they had expected more changes would be proposed, and, and there is therefore some thought they will encourage the Metro University Presidents to do more. He noted, at this point, we do not know what is meant by that and it is expected we will have to wait until towards the end of February before a formal response and indication of what is expected will be made known. He advised that the Minister of Education has scheduled a meeting for February 6 with the Metro University Presidents but he does not anticipate announcements will be made at that time, but it is expected a discussion about a variety of issues and options will occur. He noted that we are, in the meanwhile, taking a number of proactive steps to encourage decisiveness and urge that we be informed in a definitive way what the new reality will be so we can plan around that.

Dr. Wainwright expressed concern that there is a distinction being made between finances and politics and encouraged that a strong stand be taken to say that financially driven agendas for universities can only proceed up to a point after which it is foolish to suggest government is not interfering with internal matters at universities. He suggested that the relationship between politics and finances is an extremely close one and indicated that he expects it will come to the point where we should no longer separate them.

Items for information

Capital Campaign update

In Mr. Risley's absence, Mr. Straitton, Director of the Capital Campaign reported briefly. He noted that the current total raised is \$7.5 million and it is fully expected that the nucleus fund will be at \$10-12 million by the end of May. He advised that, under the leadership of Robbie Shaw, the Atlantic Canada campaign is well under way. He expressed how delighted he and all the campaign staff are that Dr. Ken Dunn and Ms. Gaye Wishart have agreed to take on the role of Co-Chairs of the Faculty/Staff campaign which will take place over the next three months. He concluded his report by noting that \$17.5 million is the minimum goal for the campaign by the end of this year.

Annual Fund

To enhance Alumni participation in the Annual Fund, Mrs. Harris suggested that a method be found for ensuring that recognition extends to everyone who is part of a joint donation, in addition to seeing that a receipt for tax purposes is issued as requested. Mr. Eberhardt thanked Mrs. Harris for her recommendation and agreed to pursue it.

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Buildings & Grounds Committee Report

The Hon. Jacqueline Matheson reported that an earlier decision to sell the property known as 1338 Robie Street was put on hold with the property being retained for uses associated with the EMDI III project. That project is now completed and the intention is to reactivate the decision to sell the property as it is not contiguous with other Dalhousie-owned land, is not in an area of likely future University development, and does not lend itself to other University uses.

Adjournmen	t
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Carol D. Young Honorary Secretary

There being no further business the meeting adjourned at 5:05 p.m.								

Allan C. Shaw

Chairperson

Attachment: President's Report



Office of the President Halifax, Nova Scotia Canada B3H 4H6 (902) 494-2511 Fax: (902) 494-1658

PRESIDENT'S REPORT TO THE BOARD OF GOVERNORS

Wednesday, January 17, 1996

I am pleased to inform you that Dalhousie has received another NSERC Industrial Chair. The NSERC/Satlantic Industrial Research Chair in Ocean Acoustic Technology will be filled by Dr. Alex Hay, who joins us from Memorial University of Newfoundland. This Chair carries external funding of \$1.25 million over the next five years. This is our second NSERC/Satlantic Industrial Research Chair in the field of Ocean Studies and I congratulate Dean Kimmins, Professor Bowen and Professor Lewis, as well as all their colleagues involved in this project, for their very successful efforts.

On a similar note, I met today with 3m officials from Canada and the United States to discuss an NSERC/3M Canada Industrial Research Chair in Materials for Advanced Batteries. 3M has committed almost \$1 million over five years to this project and we are seeking matching funding from NSERC. A NSERC site visit will be arranged shortly. If successful, this would bring our external fundraising through the Industrial Chair program this year to almost \$5 million.

I am also pleased to inform the Board that we have filled the James Robinson Johnston Chair in Black Canadian Studies effective 1 July 1996. Ms. Esmeralda Thornhill who has enjoyed a distinguished career as a lawyer and educator in the human rights field will join us from Montreal. She will also hold an appointment as a tenured professor in the Faculty of Law. As the James Robinson Johnston Chair in Black Canadian Studies, her responsibilities will include offering courses at Dalhousie bearing on the Black Canadian experience, serve as a liaison and public educator with the larger Black Canadian community, as well as carrying normal professional duties within the Faculty of Law. The appointment of Chair is for a term of six years.

On the rationalization front, the Metro Halifax University Consortium plan was considered by Cabinet at a pre-Christmas meeting. The government is assessing this plan and the related proposal produced by the Nova Scotia Council on Higher Education. No decisions have been taken, and several additional Cabinet discussions are anticipated before a final government policy is announced. As a result, it appears that no definitive statement on rationalization or university funding levels for next year can be anticipated much before the end of February. The Minister of Education has scheduled a meeting with the Metro University Presidents for February 6 to discuss developments to date.

Understanding and Managing Pain in Children Presentation to Board of Governors, Dalhousie University, January 1996 by Patrick J. McGrath

The Pain Research Lab at Dalhousie and at the IWK-Grace Health Centre has as its mission the understanding and managment of pain in infants, children and adolescents. Pain is an important concern in children's health. Recurrent and chronic pain such as migraine and recurrent abdominal pain are common in children. Pain is also a sequelae of serious childhood diseases such as cancer and cystic fibrosis. Unfortunately, health care providers also cause pain in diagnostic procedures and treatments. For many children with chronic illnesses, pain is the worst aspect of the disease, much worse than the prospect of death. Adolescents may avoid health care if they fear painful procedures. There is strong evidence that pain can directly contribute to medical instability and there is emerging evidence that untreated pain may sensitize children to suffer greater pain in the future. The strategies that children learn to manage pain appear to influence their coping with pain as adults.

The Pain Research Lab at Dalhousie University and the IWK/Grace Hospital is at the forefront of pediatric pain research and has made important contributions to the development of the world's literature in this area. The principals of the lab are: Dr. Patrick McGrath, Psychology; Dr. Allen Finley, Anaesthesia; and Dr. Judith Ritchie, Nursing. Dr. Geri Frager, a pediatrician, has recently joined us on a faculty award from the Soros Foundation's Project on Death in America. Grants are currently held from the Medical Research Council, the Social Sciences and Humanities Research Council, Sick Children's Hospital Foundation, IWK Hospital, Bristol Meyers Squibb (unrestricted research grant), Astra and McNeill.

Research on children's pain and its sequelae has developed only recently. Much of the research has been on clinical problems but there is, as well, the beginning of basic science research in the biological and social sciences. The development of research has been matched by significant changes in clinical practice.

Members of the Pain Research Lab have made significant contributions to the research literature on postoperative pain, cancer pain, headache, recurrent abdominal pain, procedure pain, everyday pain and pain measurement.

Current research programs include:

Development of a facial action coding measure for pain in children from 1-5

Pain coping in children with JRA and Fibromyalgia

Everyday pain in children age 2-5 years

Parental managment of postoperative pain

Adolescent girls managing their menstrual pain

Parents measurement of postoperative pain

Children's independant use of over the counter medication

Attitudes to opioids and OTC medication

Temperament, vagal tone and maternal sensitivity in children's reaction to immunization

Modelling in children's reaction to pain

Metaanalysis of pain interventions

Randomized trial of distraction in immunization

Randomized trial of EMLA in children aged 5 years receiving immunization.

Research collaborations are active with groups in Canada from the University of Saskatchewan, Moncton and UBC. International collaborations are active in the UK, Holland, Denmark and Sweden.

In addition to research, significant text books and clinical teaching materials have been developed. Pain in Children and Adolescents and Pain in the Neonate have become classics textbooks. Drs. Finley and McGrath run the Pediatric Pain List on the Internet involving over 300 subscribers in over 70 countries. Members of the lab lecture internationally and are active in national and international associations. An interactive computer program to teach students and professionals about pain is in press. Parent manuals developed by the pain lab have been translated and distributed throughout Canada, the USA, Italy, the Netherlands, Sweden, Finland and Denmark.

Care of patients is provided through the Pain and Palliative Care Service of the IWK-Grace Health Centre. This service provides consultation and direct care for difficult problems in pain management.

Recent publications include:

McGrath, P.J. & Rice, A. (in press) OPAL Modules on pain. (multimedia, computer disks and CD). Elsevier, Amsterdam.

McGrath, P. & Unruh, A. (1987). <u>Pain in Children and Adolescents</u>. Amsterdam: Elsevier. Published in hardcover and softcover editions. Second edition to be published in 1995.

McGrath PJ., Cunningham, SJ., Lascelles, MJ. and Humphreys, P. (Eds.) (1990). <u>Help yourself: A program for treating migraine headaches</u>. Patient manual, tape & professional handbook. Ottawa: University of Ottawa Press.

McGrath, P.J., Finley, G.A. and Turner, C. (1992). <u>Making Cancer Less Painful: A Handbook for Parents</u>. Halifax: IWK Hospital.

Anand, K.J.S. & McGrath, P.J. (Eds.) (1993). <u>Pain in Neonates</u>. Amsterdam: Elsevier. Also available in paperback (1994).

McGrath, P.J., Finley, G.A. and Ritchie, J. (1994) Pain, Pain Go Away. Washington D.C.: Association for the Care of Children's Health. Also published in Dutch and Canadian editions. McGrath, P.J. & Unruh, A.M. (1994). The measurement and assessment of paediatric pain. In P.D. Wall & R. Melzack (Eds.), Textbook of Pain (3rd ed.) (pp. 303-313). London: Churchill Livingstone.

Goodman, J.E., Gidron, Y., & McGrath, P.J. (1994). Pain proneness in children: toward a new conceptual framework. In R.C. Grzesiak & D.S. Ciccone (Eds.), <u>Psychological Vulnerability to Chronic Pain</u> (pp.90-115). New York: Springer.

Archibald, C.J., McGrath, P.J. Ritvo, P.G., Fisk, J.D., Bhan, V., Maxner, C.E. & Murray, T.J. (1994) Pain prevalence, severity and impact in a clinic sample of multiple sclerosis patients. Pain, 58, 89-93.

McGrath, P.J. (1995). Annotation: Aspects of pain in children and adolescents. <u>Journal of</u> Child Psychology and Psychiatry, 36, 717-730.

Gidron, Y., McGrath, P.J., & Goodday, R. (1995). The physical and psychosocial predictors of adolescents' recovery from oral surgery. <u>Journal of Behavioral Medicine</u>, 18, 385-399. Finley, G.A., McGrath, P.J., Forward, P., McNeill, G. Fitzgerald, P. Parents' management of children's pain following "minor" surgery. Pain, (in press).

McGrath, P.J. There is more to pain measurement in children than "ouch". Canadian

Psychology, (in press).

Reid, G.J., Hebb, J.P.O., McGrath, P.J., Finley, G.A., & Forward, S.P. (in press). Cues parents use to assess postoperative pain in their children. Clinical Journal of Pain McGrath, P.J. & Reid, G.J. (1995) Behavioral treatment of pediatric headache. Pediatric Annals, 24, 1-6.

DALHOUSIE UNIVERSITY BOARD OF GOVERNORS

Schedule of meetings for 1996-97

Note: Meetings of the Board of Governors will ordinarily commence at 4:00 p.m. and will be held in University Hall, Macdonald Building, unless otherwise advised.* All meetings are open except for "in-camera" portions of the meeting. Board members will receive agendas and documents in advance of all scheduled meetings.

Tuesday, September 17, 1996

Tuesday, October 15, 1996

Tuesday, November 19, 1996

Tuesday, December 17, 1996

Wednesday, January 22, 1997

Tuesday, February 18, 1997

Tuesday, March 18, 1997

Tuesday, April 15, 1997

Tuesday, May 13, 1997

Tuesday, June 17, 1997

* Admission to persons who are not Board members or resource persons will be subject to the availability of passes issued on a first-come first-served basis. Passes may be obtained from the Receptionist in the President's Office at any time during regular office hours in the week preceding each meeting.