JANET BARKHOUSE A MILLION GRAINS

—for Susan

Put your life in water and take it out—ripples smooth away like sand sketches as the tide comes in. You ironed a thousand shirts that way, a thousand sheets, as carefully as if you were soothing the child your stepmother wounded, wiping the crazy away. Stable-girl, nanny, keeper of hens, you loved your Cotswolds life, honey limestone walls marking careful territory, holding ancient peace. So you held your secret death, pronounced more than a decade ago, silent as the salmon you fished, cast after cast, your deft hands releasing tired monsters back to their underwater lairs. Each of a million grains rolls over and over, hermit crabs ride the tide. The salt of tears you asked me not to shed. The ones floating my heart.