

*Ann Manning
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bits and bites

NEWS OF THE FACULTY OF DENTISTRY AND SCHOOL OF DENTAL HYGIENE

VOL. 5, NO. 5

December, 1984

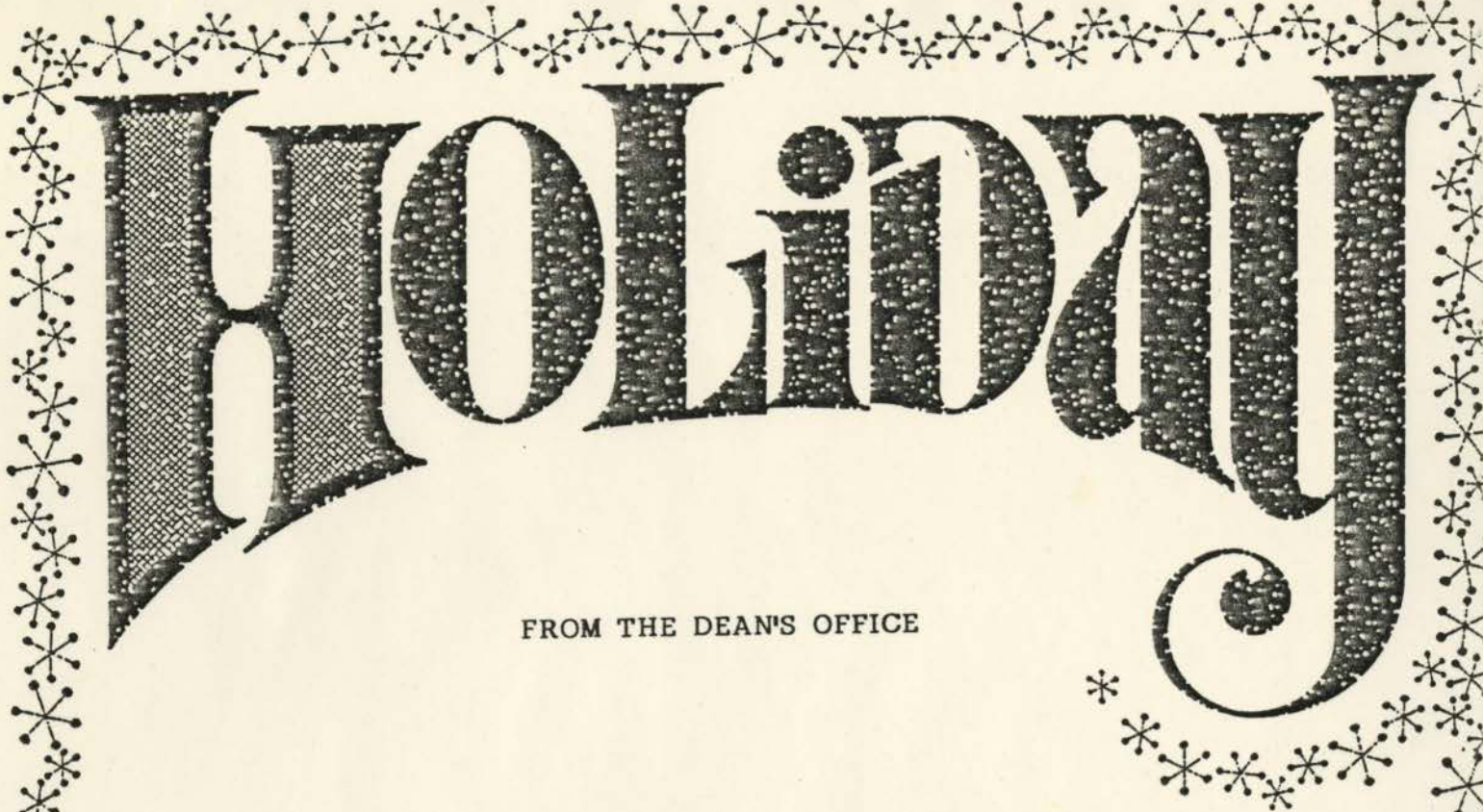
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FROM THE DEAN'S OFFICE

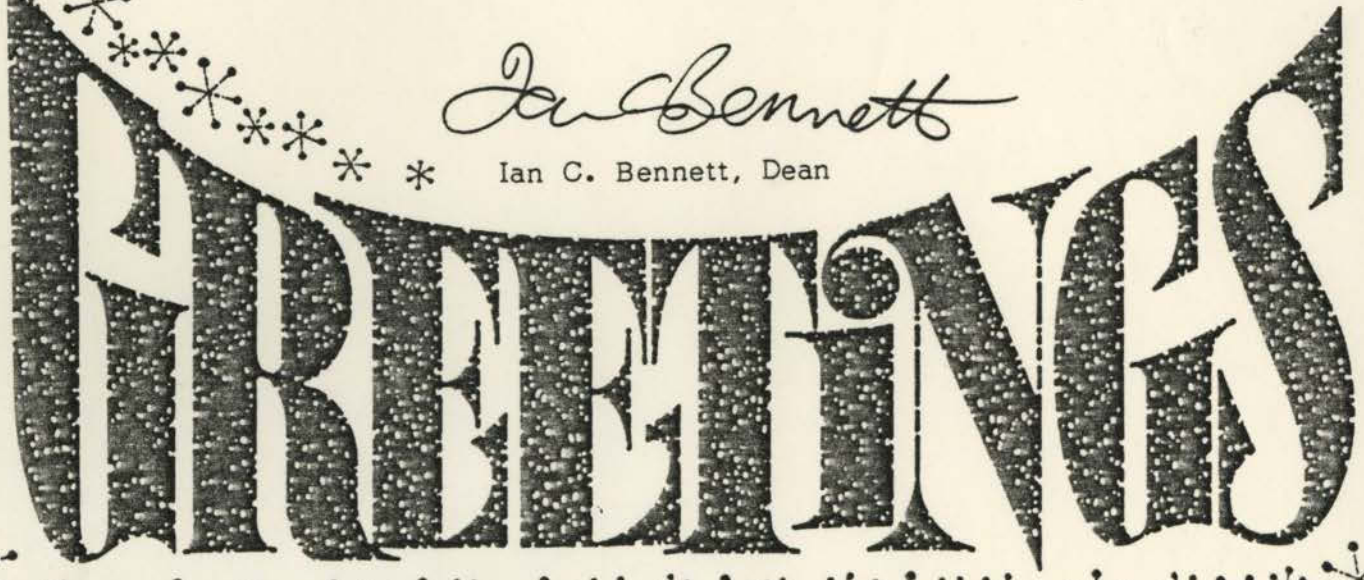
We are approaching once again the Christmas and New Year holidays, and this year the break is somewhat extended by the University's generosity in adding two days to the free time over this holiday season.

I would like you to take advantage of this break - enjoy the holiday with your families and to accept my very best wishes for a most prosperous 1985.

1984 has been a busy year. Fortunately the dire prophesies of George Orwell have not been realized so I am not totally aware of the contribution each of you has made to the success of our activities. However, to the extent that I know them, they are appreciated and I hope, give you the satisfaction of a job well done. Enjoy a very happy holiday season.

Ian Bennett

* * Ian C. Bennett, Dean



FACULTY AND STAFF NEWS

Welcome to **Dr. Richard Price**, who has recently joined the Division of Operative Dentistry.

Good-bye and good luck to **Julie Chubb** and **Kim Thrasher** who have recently left their positions in the Dental Clinic and a big welcome to **Carol Oliver**.

Welcome to **Dr. Andrew Nette**, new part-time faculty member in the Division of Oral Diagnosis.

Dental Clinic bids farewell, along with good well wishes to **Diane Barrington**, who will take up residence in Cape Breton.

Good-bye and best wishes to **Barb McCleary**, who has recently resigned her position as secretary in the School of Dental Hygiene and moved home to Ontario.

Welcome to **Dr. C. Hawkins**, new part-time faculty member in the Division of Periodontics.

During the period November 13th to December 9th, **Dr. Derek W. Jones** visited the Dental School, University of Otago, Dunedin, New Zealand holding discussions with faculty relating to research and teaching. Following this, Dr. Jones was Visiting Professor at the University of Sydney, Australia giving a Post Graduate course in Dental Biomaterials Science to faculty, graduate students and dental practitioners. Dr. Jones returned via Los Angeles where he was Visiting Professor at the University of Southern California School of Dentistry, giving lectures and seminars to faculty and graduate students from the Dental School and the Veterans Administration Hospital.

Congratulations to **Janice Henneberry** who has started her new position in Dental Oncology.

Congratulations to **Cathy Bradley-Thibodeau** and **Leo** whose baby daughter was born on December 10.

Dr. Oskar Sykora gave a presentation on "The Use of Magnetic Force in Overdenture Retention" at the 12th World Congress of the Czechoslovak Society of Arts and Sciences in Toronto, October 25 to 28.

Have you met **Jean Wood**? She joined Continuing Education on November 1, after eight years with Continuing Medical Education. Stop by the CE office and introduce yourself!

Dr. Derek W. Jones participated in the CDA Teaching Conference on Dental Materials in Ottawa October 31st, November 1st presenting a paper on the advantages and disadvantages of laboratory teaching of dental materials.

The School of Dental Hygiene says good-bye to part-time faculty member **Paula Scott**.

Dr. Derek W. Jones attended the MRC Dental Science Committee meeting in Ottawa in October as well as the CDA Council meeting on Dental Materials and Devices.

The School of Dental Hygiene welcomes **Karen Ingram** to her new position as secretary.

FACULTY AND STAFF NEWS

(Continued)

In April, 1984, Dr. J.R. Fraser and Dr. A.H. Ervin were awarded fellowships in the International College of Dentists. Two other prominent Maritime Dentists were also honoured- Dr. Norm Layton and Dr. Lesha Zed.

Drs. E. J. Sutow and D. W. Jones and Messrs. G. C. Hall and E. L. Milne have had a paper entitled "The Response of Dental Amalgam to Dynamic Loading" accepted for publication by the Journal of Dental research.

Dr. E. J. Sutow attended the Canadian Dental Association Teaching Conference on Dental Biomaterials, Ottawa, October 30 - November 1, 1984. He presented a brief description of the Undergraduate Curriculum and Teaching Methods in Biomaterials at Dalhousie University.

"All in a Day's Work"

As my dentist was leaning over me doing root-canal work, his glasses slipped to the floor. An earpiece fell off, and his search for the tiny screw that held it in place proved futile.

"These glasses are old, so the damage doesn't matter," he said. "But how will I finish the day without them?"

Conscious of the tools he'd been using on me, I offered my help. While he held the glasses, I used his drill to enlarge the screw hole enough to insert a paper clip. Using the wire cutter, I trimmed the ends, then riveted them with a small dental hammer. He was back in business.

His bill for that appointment noted: "No charge. Out-of-sight mechanical service."

AMERICAN READER'S DIGEST, June '79

Plastic Protects Teeth

A study reported in The Journal of the American Dental Association shows that a single coating of plastic can seal teeth against decay for at least six years.

Almost 400 children participated in the study. Some of their teeth were coated with a self-sealing plastic called Detion while others were treated with a sealing agent, Nuva-Seal, that hardens with the use of ultraviolet light. After six years, 69 percent of the teeth treated with self-sealing plastic had complete retention of the protective coating, while 37 percent treated with Nuva-Seal had complete retention. The study concluded that as long as the tooth remains sealed, it is protected from caries.

READER'S DIGEST, October, 1983

First Aid for Aching Teeth

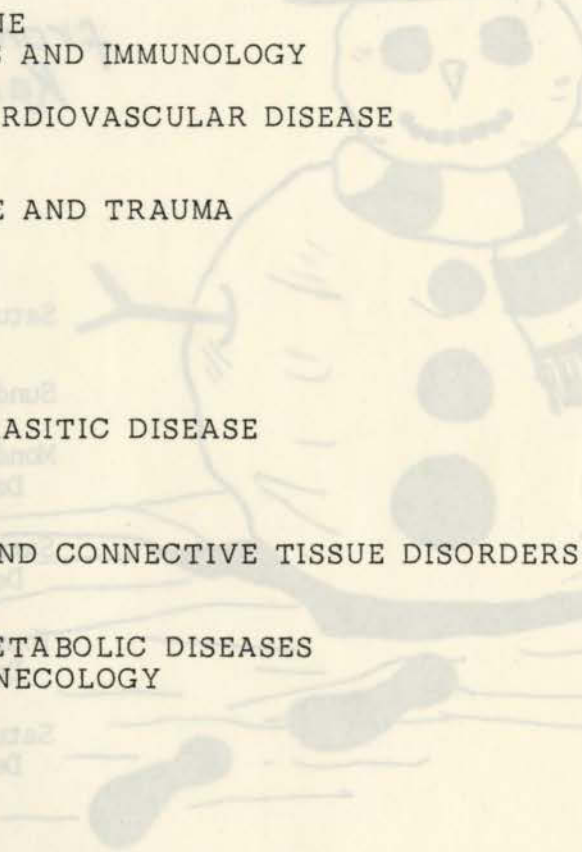
Oil of cloves, which has been used to treat toothache since ancient times and is available at drugstores without prescription, has been favorably reviewed by a U.S. Food and Drug Administration (FDA) panel.

"Clove oil is a safe and effective common remedy for toothaches. A high percentage of people find immediate relief with it," notes Dr. Louis Gangarosa, who headed the FDA panel and is a professor of oral biology and dental pharmacology at the Medical College of Georgia. The substance, a mild irritant to the tongue and gums, should be applied with cotton only directly onto the cavity and only when pain is "persistent and throbbing", stated the panel. Even if the pain goes away the sufferer must see a dentist as soon as possible.

READER'S DIGEST, August, 1984

NEWS FROM THE DIVISION OF INSTRUCTIONAL RESOURCES

D.I.R. has just obtained a recent copy of N.C.M.E.S. (Network for Continuing Medical Education) video cassette catalogue and price list. The following are topics covered. Anyone interested in viewing this catalogue should contact Tracy at D.I.R (2264).

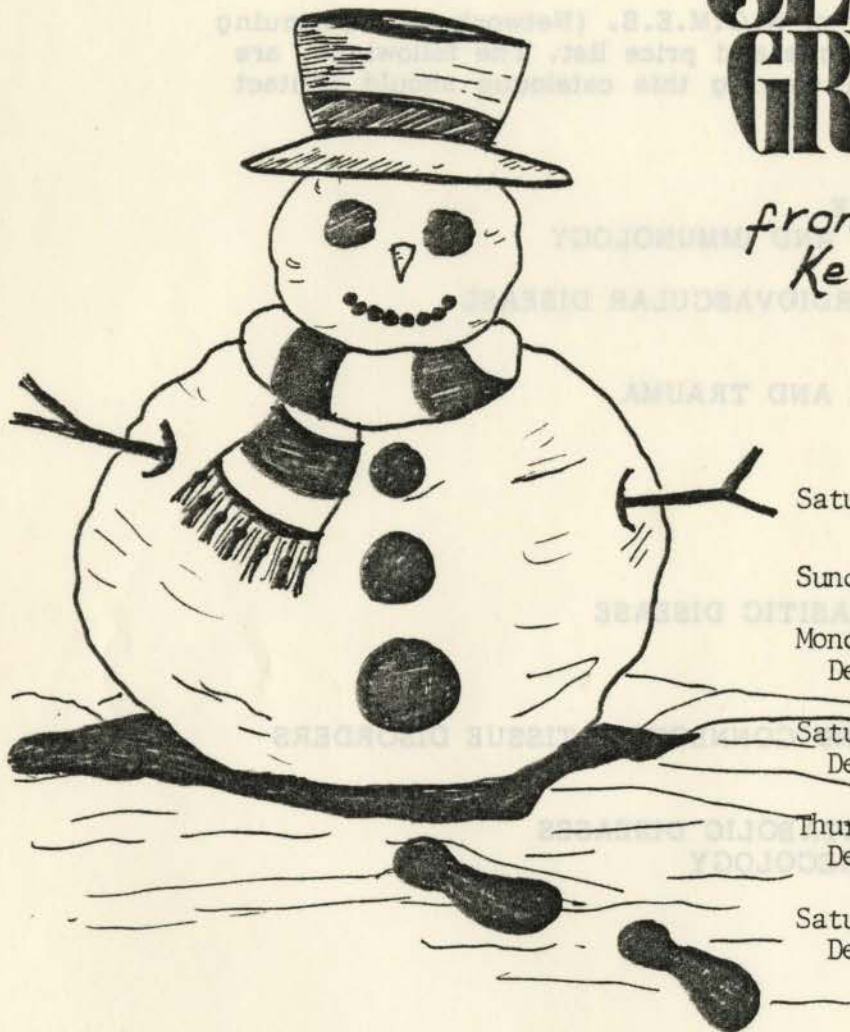


ADOLESCENT MEDICINE
ALLERGIC DISORDERS AND IMMUNOLOGY
ANESTHESIOLOGY
CARDIOLOGY AND CARDIOVASCULAR DISEASE
DERMATOLOGY
DRUG ABUSE
EMERGENCY MEDICINE AND TRAUMA
ENDOCRINOLOGY
GASTROENTEROLOGY
GENETICS
GERIATRICS
HEMATOLOGY
HOSPITAL MEDICINE
INFECTIOUS AND PARASITIC DISEASE
INTENSIVE CARE
INTERNAL MEDICINE
LEGAL MEDICINE
MUSCULOSKELETAL AND CONNECTIVE TISSUE DISORDERS
NEPHROLOGY
NEUROLOGY
NUTRITIONAL AND METABOLIC DISEASES
OBSTETRICS AND GYNECOLOGY
ONCOLOGY
OPHTHALMOLOGY
ORTHOPEDICS
OTOLARYNGOLOGY
PATHOLOGY
PEDIATRICS
PHARMACOLOGY
PRACTICE MANAGEMENT AND MEDICAL ECONOMICS
PSYCHIATRY
PUBLIC HEALTH
PULMONARY DISEASE
RADIOLOGY
REHABILITATION AND PHYSICAL MEDICINE
REPRODUCTION, FERTILITY, AND SEXUALITY
STUDENT MEDICINE
TOPICAL AND HISTORICAL
UROLOGY
VIROLOGY

SEASON'S GREETINGS

from all of the
Kellogg Library Staff

LIBRARY HOLIDAY HOURS



<u>date</u>	<u>hours</u>
Saturday, December 15	2:00 pm - 6:00 pm
Sunday, December 16	CLOSED
Monday - Friday, December 17 -21	9:00 am - 6:00 pm
Saturday - Wednesday, December 22 -26	CLOSED
Thursday & Friday December 27 & 28	9:00 am - 6:00 pm
Saturday - Tuesday, December 29 - January 1	CLOSED

BOWLING REPORT

by
Gord Owen

As of this writing (December 12), the excitement of Bowl-O-Dent 84-85 has not diminished. The spurious activities and styles of the regular bowlers in competing for the coveted awards of the Dental League have not lessened in nature in the four months that we have been bowling. Indeed, the competition is sometimes fierce, but overruling the competitive edge is the measure of frolic and goodwill extending between the teams. Most have adjusted well to the new 10-pin machines and have tailored their individual habits to attacking the fallen deadwood in earnest fashion and remarkable ways. That is if you assume Wacky Allen has actually changed the means by which he threatens the varnished lanes with refinishing!.

Gordie Hall has surfaced as the undisputed champion of misery for rivals, having held the men's high total pinfall for 75% of the bowling schedule. Rob Creaser has succeeded in taking the title for the remainder. In women's action the titles are not so easily placed. Julia Creaser comes out as the unequalled champion, holding the high total pinfall 60% of the time. However, second place is hotly contested as Kathy, Karen, Wendy, Lorna and Carol continue to slug it out.

Gordie Hall makes the records again, holding the high single pinfall for a single string of 129. Julia and Lorna share the female high single of 117. I won't tell you who holds the awards for the low pinfalls of 31, 52, 58 and 59 (there are several) but their time will come. The emotional trauma of the first zero frame goes to Donna, but Gord Owen and Chip were quick to share in the demise of embarrassment.

In other extravagant displays of emotionalism, Rob Zinck has replaced Lorna as the most enthusiastic (or is that boisterous?) bowler, but Wacky Dave remains the undisputed champion of stylish play. Chip and Carol are providing harmonious support to the Pin Busters with highs and lows, while Avery and Sharon share the same relationship with the Pinheads. Wendy brings honour to the Division of Biomaterials, increasing their participatory role in the league to 75 % of staff, and outdistancing all of the other Faculty divisions. Congratulations! Karen is once again giving birth to a new fashion in bowling, and we wish her the best in continuing a fine tradition. Ronnie has brought spirit to the Deadwoods, and challenges Kathy Purcells' enthusiasm with the flying "high-5". Clarie brings up the rear, keeping us all in line and supporting the Deadwoods with a constantly increasing average.

We have lost Ida, Cele and Sharon as regulars, but hope to see them back next term as spares. But this brings us to a new point. These enthusiastic bowlers are falling into doldrums generated (not by the winter blues, but rather) by a lack of participation by their fellow staffers and friends. We must ensure that a minimum of eighteen Bowlers are present each Thursday as per our written agreement with Colonial Lanes, and in order for us to continue bowling next term. Some regulars cannot appear each night, and so in order to achieve the minimum requirement, we need more bowlers both as regulars and as spares. I would ask that if you are at all interested in sharing in the fun and prizes of Bowl-O-Dent 84-85, please contact me. It doesn't matter what

BOWLING REPORT

(Continued)

BOWLING REPORT

by

Gord Owen

Dental Walk In

you're level of experience is... we are there for fun, fun, and more fun. So, come out and join the team for the spring, and find out what the "RIGHT STUFF" is all about. Our first night back is January 3, 1985. And to those already bowling, I leave you with a final thought to contemplate over the holidays... WHO ARE YOU GOING TO BEAT? PIN BUSTERS!!

**MERRY X-MASS
and a very HAPPY NEW YEAR**

AND THE BOWL-O-DENT AVERAGES

Pinbusters - 56 Points

Gordie H.	102
Karen H.	87
Chip M.	77
Wendy F.	82
Carol M.	86

Pinheads - 36 Points

Julia C.	93
Avery T.	83
Lorna F.	79
Sharon T.	77
Joanne B.	81

Butt-Kickers - 35 Points

Rob C.	95
Rob Z.	91
David A.	81
Gary G.	87

Deadwoods - 33 Points

Gord O	85
Claire H.	90
Kathy P.	87
Donna M.	79
Ronnie R.	82

Attention all Ektachrome users:

Kodak has discontinued ER ASA 64 films. We are presently trying the new EN ASA 100 as a substitute. Please note the change in ASA - change your f-stops and flash settings as appropriate; please bracket your first roll of this film.

i.e. if formerly F16, try f16, f16½, f22.
Please let us have your comments!!

- D.I.R.

A walk-in dental clinic where patients can have an aching tooth pulled straight away has been opened in central London.

It is open 12 hours a day and is claimed to be the first clinic of its type in Europe. It charges £35 to fill or extract a tooth

CHRONICLE HERALD - MAIL STAR
Tuesday, October 19, 1984

A CHRISTMAS FABLE
(from Biomaterials)

The interesting thing from a Chemist's perspective is the common elemental overlap between the strict discipline of chemistry and the learning cycle in professional fields such as Dentistry and Medicine. It is because of this common derivative that we offer you A CHRISTMAS FABLE, by Robert Hensley. It is sure to warm the heart and bring a sparkle to your eye during the festive season.

A VISIT FROM FATHER CHEMISTRY

Twas the night before Xmas,
The lab was quite still;
Not a Bunsen was burning
(Nor had they the will).
The test tubes were placed
In their racks with great care,
In hopes Father Chemistry
Soon would be there

The students were sleeping
So sound in their dorm,
All dreaming of fluids
And Crystalline forms.
Lab-Aides in their aprons
And I in my smock
Were sitting, recov'ring
From semester-end shock.

When outside the lab
There arose such a roar
I leaped from my stool
And fell flat on the floor.
Out to the fire escape
All of us flew.
What was the commotion?
Not one of us knew.

The flood-lights shone out
O'er the campus so bright
It looked like old Stockholm
On Nobel Prize Night.
My fume-blinded eyes
Then viewed (dare I say?)
Eight anions pulling
A water-trough sleigh.

And holding the bonds
Tied to each one of them
Was a figure I knew
As our own Papa Chem.
With speeds in excess
Of most X-rays they came.
As they Dopplered along
He called each one by name.

"Now Nitrite, now Phosphate,
Now Borate, now Chloride,
On Citrate, on Bromate,
On Sulfite and Oxide.
Forget what you know
Of that randomness stuff,
Let's go straight to that roof,
If you've quanta enough.

As fluids Bernoullian
Behave in a pinch
Those ions said "Alchemist,
This is a cinch."
So up to the lab-roof
Those "chargers" they sped
With Pop Chemistry safe
In his water-trough sled.

Just a microsec later
Electroscopes showed
Charged particles coming
To our lab-abode.
We raced back inside,
And what do you think?
Down the fume-hood Pop Chem fell,
Right into the sink.

A VISIT FROM FATHER CHEMISTRY
(Continued)

He was dressed in a lab-coat
Quite ragged and old,
With removable buttons
(The style, we're told)
A tray-full of beakers
He clutched to his heart-
And under his arm
Was an orbital chart.

His eyes through his goggles
I just couldn't see
His hands were all yellow
From H-N-O-3
His head was quite bald
With a fringe all around
Like a ring test for iron
That same shade of brown.

He puffed a cigar
With smell not at all
Unlike the organic lab
Right down the hall
The smoke billowed forth
From his angular face
And with Brownian Movement
Enveloped the place

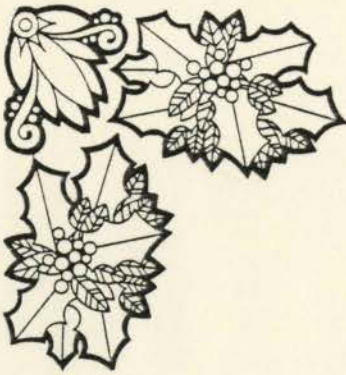
He was thin as a match
And not terribly tall
He wasn't the type
I'd expected at all.
But a look at his clothes,
In the lab's harsh white light,
With their acid-burn holes-
He's a chemist all right.

He didn't say much
(He had not time to kill)
And filled all the test tubes
With a nary a spill
Then placing them back
On the benches with care
He dashed to the fume-hood
And rose through the air.

He called to his team
And his ions took off
And kinetics took care
Of Pop Chem and his trough.
But I heard him cry out
As he flew down the street
"Merry Christmas to all!
May your stockrooms stay neat!"

Merry Christmas

DATES TO REMEMBER



December 19 Faculty of Dentistry Luncheon
Christmas Party, Staff Lounge

December 20 Pay Day

December 24 Christmas Eve

December 25

December 26 Boxing Day

December 31

January 1 HAPPY NEW YEAR!

January 2

January 3

Santa has invited Faculty and Staff
to attend the Faculty of Dentistry's Luncheon
at Stages, Holiday Inn, Robie Street,
on Wednesday, December 19 at 12:30.

Following lunch, Santa has invited us

to join him at the

Dental Christmas Staff Lounge,

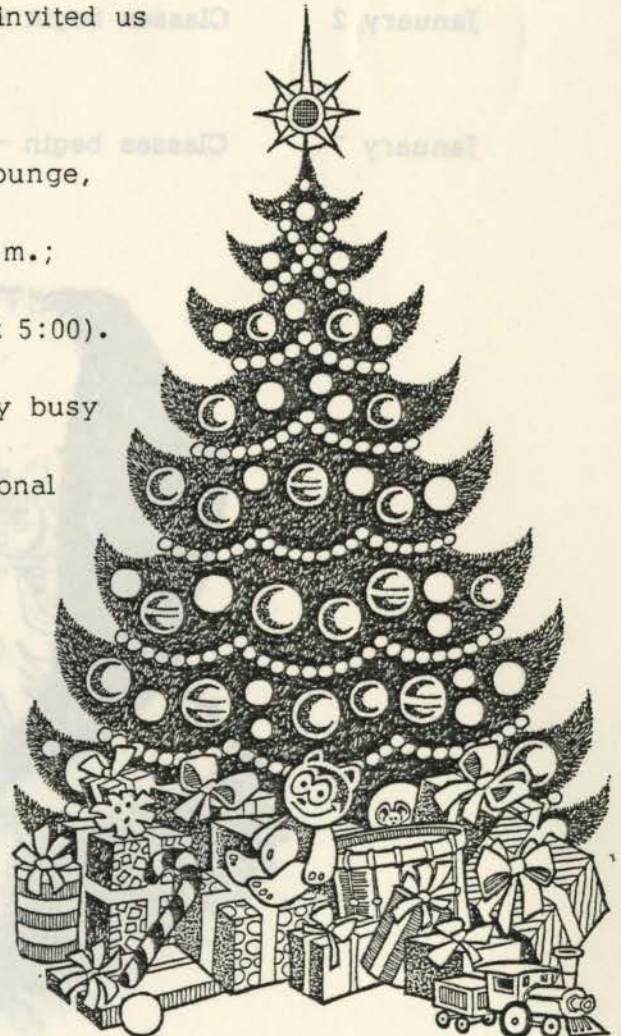
commencing at 3:00 p.m.;

(invited guests welcome at 5:00).

The elves have been very busy

planning a special seasonal

celebration for all.



DATES TO REMEMBER

- December 19 Faculty of Dentistry Luncheon
Christmas Party, Staff Lounge
- December 20 Pay Day
- December 24 Christmas Eve
- December 25 MERRY CHRISTMAS!
- December 26 Boxing Day
- December 31 New Year's Eve
- January 1 HAPPY NEW YEAR!
- January 2 Classes begin - Dental Hygiene and
First year Dentistry
- January 7 Classes begin - Second, Third, Fourth year Dentistry

