dits and bites

NEWS OF THE FACULTY OF DENTISTRY AND SCHOOL OF DENTAL HYGIENE

VOL. 4, NO. 1

February, 1984

DALHOUSIE

IN THIS ISSUE:

FACULTY AND STAFF NEWS

BOWLING REPORT

NEWS FROM CONTINUING EDUCATION

NOTES FROM THE DENTAL LIBRARIAN

NEWS FROM ORAL PATHOLOGY

NEWS FROM DIR

COMPUTER BYTES SUPPLEMENT

TABLE CLINICS

BUSINESS CORNER



FACULTY AND STAFF NEWS

The School of Dental Hygiene welcomed their new Director, SUZANNE KNOX on January 1, 1984.

Suzanne received her Diploma in Dental Hygiene from Algonquin College in Ottawa, Ontario and her Masters of Education from Lakehead University in Thunderbay, Ontario.

The Dental Clinic welcomes the following new employees:

Secretary to Director of Clinics
WASMIN ALI
Records Clerk - KIM THRASHER
Equipment Technician
CHRIS ARCHIBALD

Receptionist, Level 1 - BETTY BONA
Dental Assistant - ANNE CAMPBELL
Assignment Clerk - LOUISE HALL
Technical Assistant, CSR WVONNE ZINCK

JOEY BARRON can now be found on the fifth floor, computer room - congratulations Joey.

The Division of Dental Biomaterials would like to welcome WENDY FORAN, B.Sc. to their research laboratory staff.

JOYCE ARNOLD has had a paper entitled 'The Use of Structured Scenarios in Genetic Counselling' accepted for publication in the Spring edition of Clinical Genetics.

GORD OWEN was the Canadian delegate to an International Colloquy held in Strasbourg, France in early November. He gave four lectures under the Colloquy's theme "Challenges to Liberals in the Changing Political Spectrum of the 80's". It was sponsored by the European Parliament and attended by 49 delegates from 21 countries.

DR. E.L. MACINNIS attended the Annual workshop of the American Association of Oral and Maxillofacial Surgeons

in San Diego, California on January 21, 1984. DR. LELAND MCFADDEN, graduate student in Oral and Maxillofacial Surgery also attended this workshop on January 19-21. DR. W.B. BARRO and DR. P. BOURGUE will give a Continuing Education course entitled "Orthodontics for Hygienists" on March 2 and 3, 1984.

DIR welcomes graphic artist DAN O'BRIEN to their staff.

DR. JOHN EISNER chaired the winter meeting of the ACFD/AFDC Education Committee on January 19 and 20 in Toronto. Plans were finalized for the upcoming Biennial Education Conference. Other topics of interest to Canadian Faculties were discussed.

DR. DALE MILES addressed the Annapolis Valley Dental Society on January 18 - topic "The Recognition and Management of Red and White Lesions".

DR. DEREK JONES will be presenting a paper at the 62nd General Session of the IADR in Dallas, Texas in March 1984. The title of the paper is "Candida Growth and Dynamic Plasticity of Soft Polymer Systems" by D.W. Jones, E.J. Sutow, B.S. Graham and E.E. Jiminez.

DR. DALE MILES plans a presentation entitled "Xeroradiography of the Head and Neck" to the Anatomical Sciences Section of the AADS in March 1984.

Dr. Miles recently hosted two Continuing Education courses in Panoramic Radiology entitled "Magic Shadows". In all there were 62 participants including dental assistants, hygienists and dental practitioners from all the Atlantic Provinces.

GORD OWEN (Biomaterials) has been appointed to the Board of Directors of the Joseph Howe Festival Society for 1984-1985.

FACULTY AND STAFF NEWS

(Continued)

DR. W.B. BARRON and DR. P. BOURGE gave a Continuing Education course entitled "Fixed and Functional Appliances in Interceptive Orthodontics" on December 2 & 3, 1983 at Dalhousie.

Congratulations to CHRISTINE DIB and PHILIP KAHIL who are engaged to be married.

GORD OWEN attended the biennial Congress of the International Federation of Liberal and Radical Youth in Klingenthal, France in mid-November, representing the Young Liberals of Canada.

He also served as the Chief Returning Officer for the IFLRY elections.

Gord Owen chaired an organizational workshop on Pre-Writ Selection Preparation while he was a delegate to the National Convention of the Young Liberals of Canada in Ottawa in mid-November.

QUESTION - What ten letter word did every member of the fourth year dental class spell incorrectly?

Answer in next issue of Bits & Bites

CHRISTMAS AGAIN?

Once again, the Faculty and Staff Christmas Party can be called successful. But in how many ways is success measured? Certainly, in large part, we must thank the work of so many that went into the organization and execution of the Christmas Party. In addition, however, this year's party was complimented by the donations from several local companies, and it is with much appreciation that we thank the following for their generous support of our annual venture.

RON SOMERS, Hostess Foods Products (Kentville)

DAVE BRYSON, Oland's Breweries

JOE IRVING, Coca Cola Beverages

DOROTHY STILLMAN, Mahon's (Spring Garden Road)

TIM PERTUS, Dalhousie Bar Services (SUB)

Staff would also like to express sincere thanks to ${\tt DR}$. JOHN EISNER for his Christmas gift to us.

SOFTBALL MANUEL MANUEL

All those interested in playing softball this summer should keep an eager eye on the bulletin board in the staff lounge. A list will be posted there in early March for those interested to sign. This is necessary to determine

the interest in participating in a summer league and answering the question of whether we should petition City Recreation to obtain a practice field. Think about it now! (We're hoping Spring is just around the corner.)

BOWLING REPORT

BURGLIND GREGG presented a table clinic on bulimia and vomiting syndrome, at the CDHA Convention in Vancouver in September. This is an eating disorder, similar to Anorexia Nervosa in that a major determinant is the desire to stay slim. Maladaptive voluntary behaviours include vomiting, regurgitation, and purging.

Burglind would be pleased to provide any requested information on this disorder, and if anyone would like to discuss individual situations with her, she promises strict confidence.



Convention participants discuss the oral manifestations of patients with bulemia with table clinic presentor, Burglind Gregg.

BOWLING REPORT by Gord Owen

The first season of Bowl-O-Dent ended well, with many fine displays of comraderie and sportsmanship. The second season is quickly disappearing, but the vim and vigor of those brave souls from the Dental staff are still evident, even in these wintery months. Some team reorganization in early January was necessary to correct a few inequalities in the averages and handicaps of members on the four teams. Now more evenly matched, there is a display of lively competition among the bowlers to help their team reach their potential, and a chance at the surprise Victory Cup.

We have lost some of our faithful Thursday night crowd, but are pleased to welcome back to the Alley Oops our former jokster, Trudy. Also new as a regular is Mike Conrad. Our best wishes go to David who is continuing his studies, and to Lorna on her course. Fie to those who schedule Thursday night classes! Also joining us as spares are Joey and Mary. Hope to see you often!

If we have caught your attention, and you are interested in having fun, let us know...all are welcome and encouraged to join with us at 7:00 on Thursday nights at Colonial Lanes in Fairview. We promise to bring a bit of warmth to you!

And now, what you've been waiting for:

THE STATISTICS ... FOR ALL TO SEE! Wacky Rollers - 26 points Rob C......196 Joanne 164 Alley Oops - 20 points Claire 157 Rob Z......178 Brian 136 Pinheads - 20 points Lorna 153 Agnes163 Mike 178 Helen 158 No Mercy - 14 points Donna137 Mike C...... 144 Spares Rick 126 John 189

NEWS FROM CONTINUING EDUCATION Spring Schedule

February 13 & 14	Local & General Disorders in Perspective	Halifax
February 20 - 24 ·	Course for Technicians	Halifax
February 24 & 25	FPD ROW MOM MAJE	Corner Brook
March 2 & 3	Ortho for Hygiene	Halifax
March 30 & 31	Perio · ** ** ** *** **********************	Halifax
May 6 - 8	PCA	Halifax
May 12	Endo salito minec, ent al prejugnoù ciala.	St. John's
May 28 - June 1	Dental Hygiene Refresher	Halifax
June 9	Micro Computers	Halifax
May 26	Infectious Diseases in the Dental Office	Halifax

AND THEN, THERE'S PCA May 6, 7 & 8 February 22 & 23 Orthodontics

Speakers Include:

Topics Include:

Dr. Charles Greene Professor of Oral & Maxillofacial Surgery University of Illinois

TMJ

Dainousie. This is the first time such a venture has been trio Dr. Ronald Ettinger Professor of Removable Prosthodontics University of Iowa

Geriatrics and the second seco

Dr. Leon Dogon Professor and Head Department of Operative Dentistry Harvard School of Dental Medicine

Resins

Mrs. Suzanne Sheaves Stockbroker with McLeod, Young & Weir Teacher of Investment Courses

Portfolio Planning

The highlight may be the class reunions which are being organized...

30th year reunion contact - Dr. Ralph Conter

25th year reunion contact - Dr. Frank Lovely

20th year reunion contact - Dr. Joe Grasso Dr. Robertson

10th year reunion contact - Dr. Ron Bannerman

NEWS FROM CONTINUING EDUCATION (Continued)

IN ST. JOHN'S ST. JOHN'S

Drs. Brayton & Burk travel to Newfoundland to give an Endo course on May 12.

PLAN NOW FOR

Infectious Diseases in the Dental Office May 26, Halifax

and

Micro Computers in the Dental Office June 9, Halifax

ANOTHER FIRST SHELDYH LAURED F BODY - DE VAL

well tall a

When the students are on study break, dental technicians will be participating in continuing education courses here at Dalhousie. Three separate courses are offered.

rebruary 20 & 21	Complete Dentures	Dr. Bob Brygider Dr. Bob Hoar
February 22 & 23	Orthodontics	Mr. Bob Hoar (U. of T.) Dr. Larry Parker
February 23 - 25	Ceramic Characterization	Dr. Mike Roda Dr. Vern Shaffner

These courses are co-sponsored by the Nova Scotia Dental Technicians Association and Dalhousie. This is the first time such a venture has been tried - and the response is astounding. Technicians from across Canada have registered.

CORNER BROOK'S WINTER CARNIVAL INCLUDES A C.E. COURSE

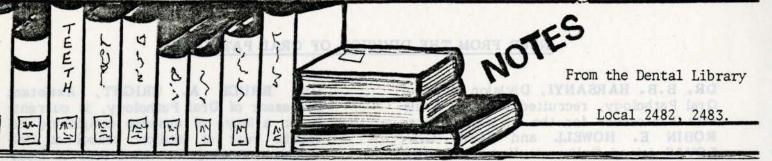
EPA being willing, Dr. Bob MacDonald and Dr. Ron Bannerman travel to Corner Brook to give a course "Restorative Dentistry - advanced techniques" on February 24 & 25.

MORE COURSES FOR SPECIAL GROUPS

Dr. Wayne Barro, assisted by Dr. Paul Bourque, will offer a course for dental hygienists on March 2 & 3.

WITH THE STUDENT BANQUET

Dr. Normand Boucher, University of Pennsylvania will visit Dalhousie and participate in a continuing education course, "Ortho - Perio - Restorative" on March 30 & 31.



MEDLINE SEARCHES

Effective April 1, 1984, the charges for MEDLINE searches at the Kellogg Library will be increased to \$5.00 for the current file and \$4.00 for each back file.

MEDLINE

(Current	File):	Jan	82	-			\$5.00
Backfile	80:	Jan	80		Dec		\$4.00
Backfile	77:	Jan	77	-	Dec	79	\$4.00
Backfile	75:	Jan	75	-	Dec	76	\$4.00
Backfile	71:	Jan	71		Dec	74	\$4.00
Backfile	66:	Jan	66	-	Dec	70	\$4.00

TOTAL for all files \$2	\$25.00	files	all	for	TOTAL
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For databases other than the National Library of Medicine databses (e.g., Psych Info, BIOSIS, etc.) actual costs of searches will be charged.

SUMMER HOURS

In the past, Kellogg weekend summer hours have been 2:00 to 5:00, Sunday afternoons. Would anyone be inconvenienced by our switching to Saturday afternoons, 2:00 to 5:00 p.m.?

I am available in the Kellogg Library from 8:30 a.m. to 5:00 p.m., Monday to Friday. If you would like to arrange a convenient time to meet with me, either in the Dental Building or in the library, please call Jackie MacDonald at 2482 or 2483.

NEWS FROM THE DIVISION OF ORAL PATHOLOGY

DR. B.B. HARSANYI, Division Head of Oral Pathology, recruited two new Assistant Professors for the Division. Drs. ROBIN E. HOWELL and JOHN G.L. LOVAS joined Dalhousie University this past summer.

Dr. Howell is a graduate of Loma Linda University, receiving his D.D.S. degree in 1976. He did his graduate studies in Oral Pathology at the University of Southern California Medical Center from 1976 to 1979. He became board certified by the American Board of Oral Pathology in 1981. Formerly, he was Assistant Professor of Oral Pathology at Loma Linda University. His research interests include the study of epithelial dysplasia by stereoscopic microscopy, using an animal model. He has also carried out work in the ultrastructure of mucoepidermoid carcinomas of intraoral minor salivary glands. At the present time, manuscripts in preparation include a stereoscopic microscopic study of epithelial dysplasia in the hamster and a study of human malignant lymphoma.

Dr. Lovas attended the University of Toronto, receiving his B.Sc. degree in 1971 and his D.D.S. degree in 1975. His training in Oral Pathology was at the University of Western Ontario where he received the M.Sc. degree in 1983. Dr. Lovas' current research activities include investigation of keratinocytic apoptosis by light and electron microscopy, histochemistry, and immunohistochemistry in both normal and pathologic states. He recently published an article on the oral blue nevus in Oral Surgery, Oral Medicine, and Oral Pathology. In addition, he has submitted a manuscript "Apoptosis in Normal Human Epidermis: A Light and Electron Microscopic Study" to the American Journal of Dermatopathology. Since Dr. Lovas' arrival at Dalhousie University he has started an international histopathology slide exchange programme.

DR. BRUCE A. WRIGHT, Assistant Professor of Oral Pathology, is currently on a leave of absence completing his fourth year of medical school at Dalhousie. During his third year of medical school, he was extremely active in the Oral Pathology teaching programme of the Faculty of Dentistry. During the past two years, he has also been extremely active in oral pathology research, having submitted six articles to various journals. In addition, two others are currently in preparation. Finally, Dr. Wright is coauthoring a book entitled Oral Cancer: Clinical and Pathological Considerations.

DR. BARBARA B. HARSANYI has continued her research activities during the past year and has submitted two abstracts recently. These include a research study entitled "Liposomes as Drug Carriers for Oral Ulcers", carried out in conjunction with J. C. Hilchie and M. Mezei. The abstract was submitted to the International Association of Oral Pathologists. Another abstract entitled "Oral and Systemic Disease in a Rural Dental Practice" was submitted by Dr. Harsanyi to the American Academy of Oral Pathologists.

DR. M. MICHAEL COHEN, JR. has delivered numerous keynote addresses at various national and international meetings during the past year. In addition, he lectured extensively as a visiting professor at various health science centres throughout North America. On October 14, 1983, he delivered the keynote address at the International Syndromology Meeting in Florence, Italy, where he spoke on "Principles of Syndromology". The lecture recently appeared in written form as the lead article in Prospective in Pediatria. Dr. Cohen was Visiting Professor in the Pediatrics Department of the University of Siena, Italy, on October 19 where he lectured on "Dysmorphic Growth and Development."

NEWS FROM THE DIVISION OF ORAL PATHOLOGY

(Continued)

Dartmouth Medical School in Hanover, Department at the Children's Hospital in New Hampshire. On May 27 and 28, he was the keynote speaker for the Atlantic Provinces Pediatric Society Meeting held in Moncton. On June 2, Dr. Cohen has recently been designated Dr. Cohen delivered the Warren Wheeler the Distinguished Royal College Lec-Memorial Lecture at the University of turer for the Canadian Pediatric Society Kentucky School of Medicine where he spoke on "An Approach to the Dysmor-in Toronto."

During the autumn, he also addressed the dental staff of the Brookdale Hospital Medical Center in Brooklyn, New York. From April 19 to April 21, he was Visiting Professor in the Department of Maternal Child Health at phic Patient." During the last week in January, he lectured on Craniofacial Anomalies at Loyola Dental School in Chicago. He also gave an address entitled "Dysmorphic Growth and Development" for the Medical Radiology

NEWS FROM DIR

The following programs have been listed in the ACFD Newsletter. Any inquiries regarding these programs should be placed through Tracy at the DIR counter (2264).

UNIVERSITY OF TORONTO

Chairside Microscopy for the Dental Practitioner. New Hampshire, On May 27 and 28, me was the keynote speaker for the

Author: Dr. Richard Ellen.

Tape 174: Cost: \$100. Length: 25 minutes. Format: 3/4 U-Matic.

Description: This tape shows the step by step method for using chairside micro-

scopy in assessing and treating periodontal disease.

Tech. Director, Faculty of Dentistry, Contact: Paul Gratzer:

University of Toronto.

Dental Assisting in Endodontics.

Author: Dr. Wayne Pulver.

Tape 191: Cost: \$67. Length: 15 minutes. Format: 3/4 U-Matic.

This tape demonstrates the effective utilization of an Auxiliary in Description:

Endodontics.

Contact: Paul Gratzer: Tech. Director, Faculty of Dentistry,

University of Toronto.

The Bionator - Class II - Fabrication.

Author: Mr. Robert Hoare.

Tape 192: Cost: \$90. Length: 14 minutes. Format: 3/4 U-Matic.

This tape demonstrates the fabrication of the Bionator for a Class II Description:

situation in Orthodontics.

Contact: Paul Gratzer: University of Toronto.

NEWS FROM DIR (Continued)

Pulp Protection and Temporization.

Author: Dr. Bruce Hord.

Tape 195: Cost: \$108. Length: 36 minutes. Format: 3/4 U-Matic.

Description: This tape shows a few methods for protecting the pulp and for the

temporization of cavity preparations.

Contact: Paul Gratzer: University of Toronto.

Matrix Application and Mix of Cements.

Author: Dr. A.B. Hoard.

Tape 196: Cost: \$83. Length: 26 minutes. Format: 3/4 U-Matic.

Description: This tape shows the application of a Matrix Band and the use of various

cements in operative dentistry.

Contact: Paul Gratzer: University of Toronto.

The Hygienist in Orthodontics.

Author: Mrs. Linda Strevens.

Tape 202: Cost: \$67. Length: 13 minutes. Format: 3/4 U-Matic.

Description: This tape demonstrates the various functions that can be carried out by

the Hygienist in the field of Orthodontics.

Contact: Paul Gratzer: University of Toronto.

Are You Communicating Effectively?

Author: Ms. E. Edgington & Mrs. M. Gallinger.

Tape 203: Cost: \$67. Length: 5 minutes. Format: 3/4 U-Matic.

Description: This tape is a 3 Vignette Production demonstrating a Hygienist and a

patient in several win/loss situations.

Contact: Paul Gratzer: University of Toronto.

NEWS FROM DIR (Continued)

Plaque Scoring and Prophylaxis.

Author: Mrs. Linda Strevens.

Tape 207: Cost: \$67. Length: 12 minutes. Format: 3/4 U-Matic.

Description: This tape demonstrates how plaque is measured, scored and then removed

from the teeth.

Contact: Paul Gratzer: University of Toronto.

Diet Counselling.

Author: Mrs. Linda Strevens.

Tape 209: Cost: \$67. Length: 14 minutes. Format: 3/4 U-Matic.

Description: This tape presents a nutrition counselling session with the discussion of

the carinogenic content of the diet.

Contact: Paul Gratzer: University of Toronto.

Endodontic Diagnostic Procedures.

Author: Dr. Barry Korzen.

Tape 210: Cost: \$67. Length: 20 minutes. Format: 3/4 U-Matic.

Description: This tape demonstrates various methods of verifying the vitality of the

pulp.

Contact: Paul Gratzer: University of Toronto.

Salivary Lactobacillus Estimates Using Dentocult.

Author: Dr. Richard Ellen.

Tape 214: Cost: \$67. Length: 10 minutes. Format: 3/4 U-Matic.

Description: This tape demonstrates an easy, modern technique for achieving salivary

lactobacillus estimates in the dental office.

Contact: Paul Gratzer: University of Toronto.

NEWS FROM DIR (Continued)

Prosthodontic Aspect of Osseointegration.

Author: Dr. George Zarb

protecting will continue through March

Tape 215: Cost: \$69. Length: 21 minutes. Format: 3/4 U-Matic.

Description: This tape demonstrates the implantation of supports in the jaw and the

fabrication of a prosthetic appliance for attachment with the supports for

larg and patient registration stail.

the edentulous patient.

Contact: Paul Gratzer: University of Toronto.

A new catalogue of A/V programs currently available at DIR will soon be distributed to all department and division heads - anyone else interested in reviewing this catalogue can do so at the DIR counter.

THE COMPUTER BYTES SUPPLEMENT FEBRUARY 1984

As we advance into the new year, DMIS is progressing in its many activities. The data base for the new Clinic System is in the prototype phase this The additional terminals that month. will be needed have been ordered. As we near the completion of the Manpower computer training grant, staff training is in full swing. Some of the smaller Christmas have now been completed and the experience gained by the programmers has aided them significantly in the development of the Clinic System.

Training has continued, with Stores now up to date. Eventually, any staff staff in their second phase - using inventory screens. Cashiers are nearing the end of their portion of the Manpower training grant and have almost finished their training. Ed Redman has been training the business office cashiers and patient registration staff. They have been going through the Guided Tour and will be using training screens as well.

Some terminal use training has been started on the fifth floor using the Guided Tour. For more information, see or call Marg at 8866.

Susan Butler is also conducting training sessions on the second floor for all interested Clinic staff. If you would like to spend some time using the Guided Tour or HPWORD, Susan may be reached at 3350.

Continuing Education's labelling system has been running for several weeks. Glenn has made some minor revisions and the program is now running smoothly.

Joey has written a vacation/timesheet program to show the status of all Faculty of Dentistry staff, and to systems that were started before record all vacation, sick leave, overtime, etc. This program required a data base, and after several weeks of work, it is operational. Lorna has been entering all staff timesheets for the past vacation year and the program is will be able to access his/her on-line vacation file, using a security password. A telephone directory listing all staff alphabetically and by department may also be accessed as part of this program.

> The new Clinic System data base that has been developed on the HP3000 is now operational in prototype mode (a method of modelling data). At present, it includes registration and screening. By March, a revised treatment plan and assignment function will be added. The prototyping will continue through March as the Director and Division Heads have an opportunity to examine the data base and make recommendations for additions and improvements.

TABLE CLINICS

"Improved quality, even over last year", "good diversity of topics"...
Those were the comments after Monday night's annual Table Clinic presentations. Thirty-six third year dental and twenty-eight second year dental hygiene students presented fifty table clinics to colleagues and friends. The wide range of well researched topics covered cur-

rent information on procedures and practice that can affect treatment and patient care now and in the future. Dalhousie is one of the programs across Canada that considers this event as part of the curriculum, in developing students skills as professional presentors, before leaving school.

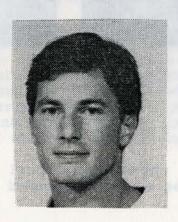
TABLE CLINIC WINNERS



Dentistry

First Place - Uses and Abuses of Resin Bonded Retainer Prostheses

BRUCE FERGUSON



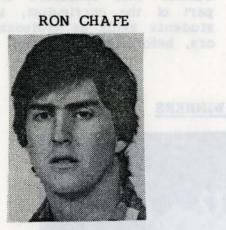
Second Place - CaOH - Its Uses in Clinical Practice

BARRIE BRUNDIGE



Third Place

- A New Approach to the Restorations of Class IV Lesions with Composite Resins



Fourth Place - Modified Gow-Gates Infection Technique

GALEN SNOOK



Dental Hygiene

First Place - A Generation of Prevention - Why Not Pit & Fissure Sealants?

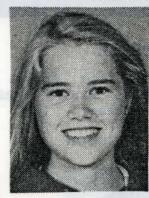
SUSAN WALDMAN MARCIA KENNEDY





Second Place - The Cariogenic Effects of Artificial Sweetners

BONNIE WHITE and KAREN CRIBBY





BUSINESS CORNER by Mike Conrad

In the last issue of Bits & Bites I made an attempt to clarify some basic jargon used in finance, i.e. the <u>real meaning</u> of some commonly used buzzwords. The response was good and so I present to you a few more, hopefully to give you even further insight into these oft misunderstood terms. As follows:

LEATHER LUNCHPAIL -An attaché case. The Power Accessory which more than any other signals you as a decision-maker, even if the only thing you carry in it is your lunch, and the only decision-making authority you have is setting the darkness control on the office copier. Many younger executives today can be seen carrying disco attaché cases wired for sound; these are plenty expensive, but are a little too loud for business use.

S.O.B. - Son of Boss.

SUGGESTION BOX - A receptacle in which employees place helpful hints that they might otherwise be too embarrassed to deliver in person. The two most common suggestion box submissions, according to a recent Gallup poll, are (1) "No more Christmas parties at Kentucky Fried Chicken," and (2) Tell Jackson that if he keeps parking in my space, I'll torch his (expletive deleted) car.

ASSERTIVENESS TRAINING - A behavior modification program for women who know the wisdom of John Paul Getty's observation that the meek may inherit the earth - but not its mineral rights.

Taking an assertiveness training course is a surefire way for any woman to prevent her career from turning into a replay of Bambi Meets Godzilla (WEEK ONE: sing "I am Woman" before work each morning. WEEK TEN: go down to local construction site at lunch hour and wolf whistle at the hard hats).

S/HE - Pronounced she-he. A new pronoun invented to reduce sexual bias

in job descriptions ("A qualified applicant must be able to type 60 w.p.m. and s/he must also have great legs"), and career assessment seminars ("Tonight we'll be discussing Passages by Gail S/he".)

MORTGAGE - A long-term loan with fixed monthly payments and secured by a down payment, the underlying property, and the mortgagee's soul (provided it has no prior liens against it).

COMMITTEE - A group that keeps minutes but squanders hours.

DISPOSABLE INCOME - Income you have left to pay for disposable razors, disposable lighters, and disposable diapers, after you pay for necessities like food and shelter.

WORK - The blessed respite from screaming kids and soap operas for which you actually get paid.

VACATION - A 2-week binge of rest and relaxation so intense that it takes another 50 weeks of your restrained workaday lifestyle to recuperate.

N.P.V. - Net Present Value. The value of projected "cash flows" returned by an investment, "discounted" back to the present. For example, the N.P.V. of the \$300-a-week pension you expect to get 30 years from now, discounted back to the present at current inflation rates, is worth about enough to buy you a hot pastrami sandwich.

CUSTOMER - Someone who is always right until safely out of earshot.

APPOINTMENT BOOK - The reference of last resort when trying to duck undesired invitations ("Gee, the soonest I can pencil you in is December 1989"), or when trying to figure out what the hell it was you did during the past year.

BUSINESS CORNER by Mike Conrad (Continued)

TRANSFER - A promotion you receive on the condition that you leave town.

REDEPLOYMENT OF ASSETS - The transfer of resources from one part of an organization to another, in order to best utilize them. (Next time you are nabbed for "borrowing" a fellow employee's stapler, take the high road and

claim that you were simply redeploying assets).

SOURCE: All quotes (with some minor modifications) are from "The Official MBA Dictionary" by Jim Fisk and Robert Barron published by Simon & Shuster, New York.

Did you have a New Year's resolution to get fit?

An enthusiastic group of dental faculty and staff are participating in exercise classes, led by a Dalhousie Physical Education student, at lunch times on Tuesday and Thursday. If you'd like to join - there are approximately 8 sessions to go - see Nancy Webb for details.