

# Participating in Everyday Life with a Neurological Condition

Working, going to school, spending time with friends and family, pursuing hobbies and interests, and being part of a community are all ways that we participate in our lives.

We talked to over 700 people who were living with a neurological condition. This is what they told us about their participation.

51% of the LINC study participants reported problems participating in everyday life.

67% of participants felt dissatisfied with their level of participation.

63% of participants reported that their health condition affected school, work, home and other activities.

65% of participants needed help with at least one activity of daily life.

## About Working...

38% of participants had worked in the past three months.

47% of participants had not been able to work due to their health.

59% of those working received formal or informal assistance to manage their lives.

Participants spoke of the benefits of working, including access to a drug plan, an income, and the social benefits, but also spoke of the costs to their health and ability to participate in leisure and family life.

“I want to make sure we have a stable financial base and will keep working until I just can't anymore.”

LINC Study Participant



Brought to you by  
The LINC Project.

**The LINC Project** seeks to learn about the effect of a neurological condition on people's health, the resources and supports they use, and their participation in everyday life. For details, visit [www.ccmrg.ca/linc](http://www.ccmrg.ca/linc)

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