

The  
Medical Society of  
Nova Scotia



BULLETIN

Vol. 2

Number 2



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## SPECIAL BULLETIN

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This special issue of "The Bulletin" is made for two purposes

The Ontario Medical Society is arranging for clinical instruction in the use of "Insulin." From the correspondence that is printed and published in this issue the manner in which this can be carried out is clearly noted. If there are any physicians in the Province who desire to take advantage of this offer and would indicate what time it would be convenient to go to Toronto, arrangements can be made through the Associate-Secretary, or direct with Dr. T. C. Routley, 127 Oakwood Avenue, Toronto. In view of the great interest aroused by this latest discovery, it was felt that the information should be given to all members of the profession as quickly as possible.

This issue is also being used for the purpose of publishing the names and addresses of the doctors in the Province who have paid their membership fee in the Canadian Medical Association and in the Medical Society of Nova Scotia. The list is published now so as to give time for necessary corrections to be made before the Annual Meeting of both Societies. Membership in the Nova Scotia Medical Society is necessary before one can attend a meeting of the Canadian Medical Association, and of course similar membership is necessary in order to attend a meeting of the Nova Scotia Medical Society. There are a large number of doctors who have been members of the Canadian Medical Association who have not this year as yet paid their membership fee. There are a number also who belonged to the Nova Scotia Medical Society last year who have not yet paid their fee. It is also quite probable that some have paid the fee and their names do not appear in the list. Please go over the list carefully and if your name should not be there, write the Associate-Secretary at once.

Your attention is directed to the matter of the Provincial Meeting at Windsor, July 4th and 5th.

April 12th, 1923.

Dear Doctor:—

### RE INSULIN.

The following letter has been received from the Secretary of the Insulin Committee, University of Toronto:—

“The experimental work on the large scale production of Insulin has now reached the stage at which a pure and stable product of fairly uniform potency can be manufactured. A general statement on the clinical investigation of Insulin, carried out in Toronto by Banting and his clinical associates, has been published recently in the British Medical Journal. A more detailed report of these investigations, together with the results obtained by others collaborating in the work, is now in press.

As was to be expected, the administration of Insulin is not a substitute for present dietetic methods of treatment of Diabetes Mellitus. Nor is its use indicated in all forms of the disease. Clinical investigation has shown that Insulin is chiefly of value in cases of Diabetes Mellitus that cannot be adequately controlled by dietetic measures alone. When used in conjunction with proper dietetic treatment, it removes all symptoms of the disease as long as the treatment is maintained. It is a specific in the treatment of diabetic acidosis and coma, formerly the cause of death in over fifty per cent of the cases of Diabetes Mellitus. What the ultimate effects of the treatment on the course of the disease will be, time alone will tell. Unfortunately, the administration of Insulin is not free of danger; an overdose is followed by very definite signs and symptoms demanding immediate treatment. The cause of these symptoms and their appropriate treatment has been found.

Insulin will not be for sale in open market for some months. Shortly a larger quantity than at present will be available for the treatment of a larger number of cases. It will be distributed at cost.

In order to assist physicians, more particularly those having limited laboratory facilities available, (1) in the selection of cases for insulin treatment; (2) in methods of administration of insulin; (3) to become familiar with the untoward effects of overdosage of insulin and the treatment of these effects, a course of two days instruction in the treatment of diabetes mellitus is offered by the University at the Toronto General Hospital. Physicians taking this course will be offered at cost a limited supply of insulin for the treatment of cases of Diabetes Mellitus under their charge. The course of instruction will be offered to twenty practitioners every two weeks. No fee will be charged.

The Insulin Committee consider that:—whereas sufficient Insulin is not yet available for general distribution among the profession, and whereas practitioners having cases of Diabetes under their charge

should now be given insulin for the treatment of these cases, and whereas insulin is not suitable for the treatment of all cases of diabetes mellitus, and its administration is not without danger, the officers of the Ontario Medical Association, if they approve of the scheme, might suggest a means by which the present quantity of insulin available might be distributed in an equitable manner and in the best interests of the patients suffering from the disease, and the medical profession generally.

The Committee feel that the course of instruction as outlined above will best serve this purpose."

The Directors and also the Committee on Education of the Association, having considered this communication, have advised that a general invitation be extended to the medical profession throughout the Province to make application to attend the diabetic clinic. If you are interested, please sign and mail the enclosed card at once to the Secretary of the Association.

Yours faithfully,

(Signed) T. C. ROUTLEY,

Secretary.

April 16th, 1923.

DR. J. G. D. CAMPBELL,

Secretary, Medical Society of Nova Scotia,  
Halifax, N. S.

Dear Sir:—

The Insulin Committee of the University of Toronto has instructed me to write you regarding the steps that have been taken by the University to provide for courses of instruction in the use of Insulin looking forward to the time that it will be possible to arrange for general distribution of this product. The Medical Department of the University of Toronto proposes to give this instruction in its hospital wards during periods of two days each, 20 physicians attending during each period. The Assignment of physicians for this purpose is in the hands of the Ontario Medical Association and the letter transmitted by its Secretary to physicians is enclosed herewith.

The Committee is sending you this information since it feels you may desire to undertake some similar scheme suitably adapted to local conditions. I need scarcely point out the extreme importance of arranging for some course of instruction in the use of Insulin. Unless its administration is carefully controlled toxic effects of a serious nature are likely to follow and it is only by actual experience that the general practitioner could possibly make himself familiar with these dangers. On the other hand there is not the least doubt that Insulin is of inestimable value in the treatment of many cases of Diabetes when properly administered, but it is not necessary in every case.

If your Society considers it advisable to send a representative to Toronto for instruction he will be welcomed at the Medical Clinic and shown everything necessary in connection with Insulin treatment. I may say that in the near future it is almost certain that a much larger supply of Insulin will be available so that if you can make the necessary arrangements to have physicians familiarized with its use they could be assured of a supply of Insulin for their practices.

Up to the present a certain amount of Insulin has been distributed in your province through Dr. A. C. Jost, Provincial Medical Health Officer, Halifax, and he has been sent a copy of this letter. If you desire to have any further information regarding what we are doing here, please do not hesitate to ask me.

I am,

Yours very truly,

(Signed) J. J. R. MACLEOD,

Secretary, Insulin Committee,  
University of Toronto.

UNIVERSITY OF TORONTO  
TORONTO

April 16, 1923.

DR. A. C. JOST,  
Provincial Medical Officer of Health,  
Halifax, N. S.

Dear Dr. Jost:—

The Insulin Committee believes that the time has almost arrived when a very much larger supply of this material will be available. In anticipation of this the Committee has arranged for the Medical Clinic of the University of Toronto to give courses in the use of Insulin in the treatment of Diabetes. Physicians attending these courses will then be supplied with whatever amount of this material they may desire. The arrangements for doctors attending this course are being made by the Ontario Medical Association.

Since it is believed that other Provinces might desire to provide for the expansion of Insulin along similar lines, I have been instructed by the Committee to forward to the Secretaries of the Provincial Medical Societies copies of the letter sent out by the Ontario Medical Association with an explanatory letter. Copies of these documents I herewith enclose for your use.

I am,

Yours very truly,

(Signed) J. J. R. MACLEOD,  
Secretary, Insulin Committee,  
University of Toronto.

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Halifax, N. S., April 19, 1923.

DR. J. J. R. MACLEOD,  
University of Toronto,  
Toronto.

Dear Doctor:—

I beg to acknowledge receipt of your letter of the 16th instant in reference to Courses in the use of Insulin to be undertaken at the University of Toronto.

The contents of your letter and enclosure has been made known to the Secretary of the Nova Scotia Medical Society, and the statement has been made to me that the whole will shortly be incorporated in a Bulletin to the medical profession of this Province, which is very soon to be issued by the Society. This procedure, it is thought, will bring the matter very prominently before the profession in this Province.

A. C. JOST, M. D.,  
Provincial Health Officer.

## MEDICAL SOCIETY MEMBERSHIP

Names and Addresses of Doctors Who Have Paid Membership  
Fees in the Canadian Medical Association and the  
Medical Society of Nova Scotia for the Year  
Ending December 31st, 1923.

May 1st, 1923

NAME	ADDRESS
Dr. M. Chisholm.....	303 Brunswick St., Halifax, N. S.
Dr. W. A. Curry.....	18 Summer St., Halifax, N. S.
Dr. W. E. Daley.....	94 Gottingen St., Halifax, N. S.
Dr. C. S. Elliot.....	97 Gottingen St., Halifax, N. S.
Dr. W. D. Forrest.....	257 Barrington St., Halifax, N. S.
Dr. D. W. Hoare.....	Victoria Gen'l Hospital, Halifax.
Dr. A. C. Jost.....	85 Cambridge St., Halifax, N. S.
Dr. J. F. Lessel.....	151 South Park St., Halifax, N. S.
Dr. F. R. Little.....	94 Gottingen St., Halifax, N. S.
Dr. F. G. Mack.....	140 Spring Garden Rd., Halifax.
Dr. A. I. Mader.....	57 Morris St., Halifax, N. S.
Dr. W. L. Muir.....	245 Robie St., Halifax, N. S.
Dr. G. H. Murphy.....	28 Carleton St., Halifax, N. S.
Dr. C. S. Morton.....	52 Spring Garden Rd., Halifax.
Dr. H. K. McDonald.....	317 Barrington St., Halifax, N. S.
Dr. J. G. McDougall.....	97 Spring Garden Rd., Halifax
Dr. K. A. MacKenzie.....	39 Spring Garden Rd., Halifax
Dr. Hugh MacKinnon.....	159 Oxford St., Halifax, N. S.
Dr. P. D. McLarren.....	317 Barrington St., Halifax, N. S.
Dr. A. G. Nicholls.....	6 Studleigh St., Halifax, N. S.
Dr. G. E. B. Rice.....	11 Spring Garden Rd., Halifax
Dr. A. A. Schaffner.....	109 Jubilee Rd., Halifax, N. S.
Dr. Lewis Thomas.....	299 Brunswick St., Halifax, N. S.
Dr. J. R. Corston.....	337 Brunswick St., Halifax, N. S.
Dr. John Stewart.....	28 South Street, Halifax, N. S.
Dr. A. E. Doull.....	34 1-2 Morris St., Halifax, N. S.
Dr. G. W. Grant.....	319 Barrington St., Halifax, N. S.
Dr. S. L. Walker.....	Metropole Bldg., Halifax, N. S.
Dr. R. E. Mathers.....	34 1-2 Morris St., Halifax, N. S.
Dr. A. F. Buckley.....	209 South Park St., Halifax, N. S.
Dr. D. W. Archibald.....	Sydney Mines, C. B.
Dr. E. P. Atkinson.....	Oxford, N. S.
Dr. C. M. Bayne.....	care N. S. Sanatorium, Kentville.
Dr. John Bell.....	New Glasgow, N. S.
Dr. P. N. Balcom.....	Aylesford, N. S.
Dr. H. O. Blauvelt.....	Lockeport, N. S.
Dr. P. N. Balcom.....	Aylesford, N. S.
Dr. J. S. Brean.....	Mulgrave, N. S.

Dr. M. G. Burris	Dartmouth, N. S.
Dr. A. Calder	Glance Bay, N. S.
Dr. A. R. Campbell	Yarmouth, N. S.
Dr. P. S. Campbell	Port Hood, N. S.
Dr. P. McF. Carter	Sydney, N. S.
Dr. L. P. Churchill	Shelburne, N. S.
Dr. W. N. Cochran	Mahone, N. S.
Dr. Wm. Cowperthwaite	Sydney, C. B.
Dr. Cecil Dabney	Chester, N. S.
Dr. F. R. Dares	Bridgewater, N. S.
Dr. C. E. A. DeWitt	Wolfville, N. S.
Dr. W. R. Dunbar	Truro, N. S.
Dr. W. R. Dickie	Barton, Digby Co., N. S.
Dr. W. J. Egan	Sydney, C. B.
Dr. M. R. Elliott	Wolfville, N. S.
Dr. G. W. T. Farish	Yarmouth, N. S.
Dr. A. E. G. Forbes	Lunenburg, N. S.
Dr. S. A. Fulton	Truro, N. S.
Dr. E. O. Hallett	Weymouth, N. S.
Dr. W. H. Hattie	Newcastle St., Dartmouth, N. S.
Dr. H. B. Havey	Stewiacke, N. S.
Dr. Beatrice A. Hennigar	Chester Basin, N. S.
Dr. E. J. Johnstone	Sydney, C. B.
Dr. L. W. Johnstone	Sydney Mines, C. B.
Dr. O. B. Keddy	Windsor, N. S.
Dr. A. S. Kendall	Sydney, N. S.
Dr. H. E. Killam	Lakeville, Kings Co., N. S.
Dr. T. C. Lockwood	Lockeport, N. S.
Dr. J. G. B. Lynch	Sydney, N. S.
Dr. F. F. B. Malcolm	Imperoyal, N. S.
Dr. C. S. Marshall	Bridgewater, N. S.
Dr. J. Ross Millar	Amherst, N. S.
Dr. A. F. Miller	Kentville, N. S.
Dr. J. C. Morrison	New Waterford, C. B.
Dr. J. S. Munro	Neil's Harbor, N. S.
Dr. Daniel Murray	Tatamahouche, N. S.
Dr. F. G. MacAskill	Glance Bay, C. B.
Dr. D. S. McCurdy	Truro, N. S.
Dr. E. O. McDonald	Glance Bay, C. B.
Dr. John Macdonald	Sydney, C. B.
Dr. R. F. Macdonald	Antigonish, N. S.
Dr. T. H. Macdonald	New Glasgow, N. S.
Dr. H. H. MacKay	New Glasgow, N. S.
Dr. D. L. MacKinnon	Truro, N. S.
Dr. E. D. MacLean	Truro, N. S.
Dr. R. G. MacLellan	Lunenburg, N. S.
Dr. J. Knox McLeod	Sydney, N. S.
Dr. Dan McNeil	Glance Bay, C. B.
Dr. C. A. S. McQueen	Amherst, N. S.
Dr. D. R. McRae	Sydney Mines, C. B.



Dr. M. T. O'Sullivan.....Glace Bay, N. S.  
 Dr. J. W. T. Patton.....Truro, N. S.  
 Dr. H. A. Payzant.....Dartmouth, N. S.  
 Dr. W. G. Putnam.....Yarmouth, N. S.  
 Dr. W. N. Rehfuss.....Bridgewater, N. S.  
 Dr. A. R. Reid.....Brooklyn, Hants Co., N. S.  
 Dr. Wm. Rockwell.....River Hebert, Cumb. Co., N. S.  
 Dr. F. R. Shankel.....Hantsport, N. S.  
 Dr. A. S. Simpson.....Bridgewater, N. S.  
 Dr. B. W. Skinner.....Hubbards, N. S. x  
 Dr. J. A. Sponagle.....Middleton, N. S.  
 Dr. M. C. Tompkins.....Dominion, C. B.  
 Dr. R. R. Withrow.....Springhill, N. S.  
 Dr. D. W. N. Zwicker.....Chester, N. S.

**Names and Addresses of Doctors Who Have Paid Membership  
Fee in the Medical Society of Nova Scotia for 1923.**

**May 1st, 1923**

NAME	ADDRESS
Dr. F. U. Anderson.....	The Grosvenor, Halifax, N. S.
Dr. Thos. Armstrong.....	47 Kaye St., Halifax, N. S.
Dr. W. J. Barton.....	323 Brunswick St., Halifax, N. S.
Dr. A. R. Cunningham.....	260 Barrington St., Halifax, N. S.
Dr. Joseph Hayes.....	82 Oxford St., Halifax, N. S.
Dr. L. L. Heartz-Bell.....	158 South St., Halifax, N. S.
Dr. J. A. M. Hemmeon.....	Wolfville, N. S.
Dr. K. G. Mahabir.....	187 Brunswick St., Halifax, N. S.
Dr. J. A. McL. Murdock.....	378 Robie St., Halifax, N. S.
Dr. J. A. Payzant.....	102 Hollis St., Halifax, N. S.
Dr. H. A. Chisholm.....	102 Inglis St., Halifax, N. S.
Dr. L. J. O'Shaughnessy.....	276 Gottingen St., Halifax, N. S.
Dr. W. B. Almon.....	35 Hollis St., Halifax, N. S.
Dr. J. C. Ballem.....	New Glasgow, N. S.
Dr. G. A. Barss.....	Rose Bay, Lunenburg, Co., N. S.
Dr. R. M. Benvie.....	Stellarton, N. S.
Dr. G. C. W. Bliss.....	Amherst, N. S.
Dr. G. W. Brown.....	Clark's Harbor, Shel. Co., N. S.
Dr. Geo. E. Buckley.....	Guysboro, N. S.
Dr. T. I. Byrne.....	Dartmouth, N. S.
Dr. A. Calder.....	Sydney, N. S.
Dr. C. R. Cameron.....	Petite Riviere, N. S.
Dr. A. B. Campbell.....	Bear River, N. S.
Dr. F. D. Charman.....	Truro, N. S.
Dr. W. H. Cole.....	New Germany, N. S.
Dr. Robinson Cox.....	Upper Stewiacke, N. S.
Dr. J. J. Cameron.....	Antigonish, N. S.
Dr. A. A. Dechman.....	Bridgetown, N. S.
Dr. T. C. DesBrisay.....	Lunenburg, N. S., (deceased).
Dr. G. R. Deveau.....	Arichat, C. B.
Dr. C. A. Donkin.....	Upper Musquodoboit, N. S.
Dr. David Drury.....	Maccan, Cumb. Co., N. S.
Dr. M. J. Fillmore.....	Advocate Harbour, N. S.
Dr. G. G. Gandier.....	Dartmouth, N. S.
Dr. J. W. Gannon.....	Glace Bay, C. B.
Dr. J. R. Gilroy.....	Oxford, N. S.
Dr. H. A. Grant.....	Whycocomagh, Inv. Co., C. B.
Dr. T. E. Granville.....	Elmsdale, N. S.
Dr. C. A. Hamilton.....	Mahone, N. S.
Dr. D. J. Hartigan.....	New Waterford, C. B.
Dr. Z. Hawkins.....	South Ohio, Yar. Co., N. S.
Dr. C. S. Hennigar.....	Liverpool, N. S.

Dr. Ella P. Hopgood.....	N. S. Hospital, Dartmouth, N. S.
Dr. T. R. Johnson.....	Great Village, N. S.
Dr. Evan Kennedy.....	New Glasgow, N. S.
Dr. H. W. Kirkpatrick.....	Middleton, N. S.
Dr. F. C. Lavers.....	New Ross, N. S.
Dr. T. A. Lebbetter.....	Yarmouth, N. S.
Dr. B. A. LeBlanc.....	Arichat, B. C.
Dr. Wm. LeBlanc.....	Cheticamp, Inv. Co., C. B.
Dr. A. R. Melanson.....	Eel Brook, Yar. Co., N. S.
Dr. A. W. Miller.....	New Waterford, C. B.
Dr. Clarence Miller.....	New Glasgow, N. S.
Dr. J. W. Miller.....	Canning, Kings Co., M. S.
Dr. C. H. Morris.....	Windsor, N. S.
Dr. L. D. Morse.....	Lawrencetown, Annapolis Co., N.S.
Dr. L. M. Morton.....	Pubnico, N. S.
Dr. J. A. Munro.....	Amherst, N. S.
Dr. D. A. McAulay.....	Baddeck, C. B.
Dr. R. C. McCullough.....	Gyusboro, N. S.
Dr. John J. Macdonald.....	New Glasgow, N. S.
Dr. J. St. C. MacKay.....	Windsor, N. S.
Dr. J. W. MacKay.....	New Glasgow, N. S.
Dr. Jos. W. McKay.....	Truro, N. S.
Dr. W. A. MacKay.....	Thorburn, Pictou Co., N. S.
Dr. A. E. Mackintosh.....	Amherst, N. S.
Dr. J. R. B. MacLeod.....	Port Hawkesbury, C. B.
Dr. M. G. MacLeod.....	Orangedale, Inv. Co., C. B.
Dr. D. J. MacMaster.....	Inverness, C. B.
Dr. G. J. McNally.....	Berwick, N. S.
Dr. W. W. Patton.....	Dominion, C. B.
Dr. L. T. Penney.....	New Germany, N. S.
Dr. W. S. Phinney.....	Lawrencetown, Annapolis Co., N.S.
Dr. Nelson Pratt.....	Alton, Col. Co., N. S.
Dr. J. A. Proudfoot.....	Inverness, N. S.
Dr. W. H. Rice.....	Sydney, N. S.
Dr. H. O. Simpson.....	Dartmouth, N. S.
Dr. J. W. Smith.....	Liverpool, N. S.
Dr. M. A. B. Smith.....	Dartmouth, N. S.
Dr. T. H. Smith.....	North Sydney, C. B.
Dr. G. K. Smith.....	Grand Pre, N. S.
Dr. C. W. Stramburg.....	Trenton, Pictou Co., N. S.
Dr. C. G. Sutherland.....	New Glasgow, N. S.
Dr. C. B. Trites.....	Bridgewater, N. S.
Dr. F. E. Walsh.....	Springhill, N. S.
Dr. M. J. Wardrope.....	Springhill, N. S.
Dr. S. W. Williamson.....	Yarmouth, N. S.
Dr. H. D. Wilson.....	Barrington, N. S.
Dr. O. R. Stone.....	Sherbrooke, N. S.

**HONORARY MEMBERS OF THE NOVA SCOTIA  
MEDICAL SOCIETY**

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NAME	ADDRESS
Dr. John Stewart.....	28 South St., Halifax, N. S.
Dr. E. N. Payzant.....	Wolfville, N. S.
Dr. Augustus Robinson.....	Annapolis Royal, N. S.
Dr. A. J. Cowie.....	5 1-2 Walnut St., Halifax, N. S.
Dr. J. B. Black,.....	Windsor, N. S.
Dr. Marcus Dodd.....	Bridgeport, N. S.
Dr. George E. Buckley.....	Guysboro, N. S.
Dr. James R. Collie.....	River John, N. S.
Dr. Finlay McMillan.....	Sheet Harbor, N. S.
Dr. C. H. Morris.....	Middle Musquodoboit, N. S.
Dr. A. DeW. Barss.....	Wolfville, N. S.

## INSTRUCT THE PEOPLE REGARDING THE DANGERS OF QUACK TREATMENT

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At the last meeting of the Provincial Medical Board, a communication from Dr. G. C. W. Bliss, of Amherst, relative to quack treatment of cancer, led to a general discussion on the subject. During the "cancer week" in November last, Dr. Bliss wrote a strong letter to the Amherst press in which he cited instances in which resort to quackery had led to delay in applying for surgical treatment until there was no hope for cure or even relief. The Board is giving consideration to the possibilities of success in bringing action against all unlicensed persons who practice medicine, and expects shortly to be in a position to make an interesting announcement in this particular. Meantime it asks that reference be made in the "Bulletin" to the great desirability of moulding public opinion so that the people may appreciate the menace which associates with quackery.

It is very regrettable that many people regard the attitude of the profession to irregular practice as a mere exhibition of selfishness. It is much too commonly believed that the provisions of the Medical Act are intended for the protection of the profession rather than the public, and the experience of the past has shown a surprising sympathy for Irregulars against whom legal action has been taken. While medical men may shrink from the task of pointing out the real reason for prosecuting those who deliberately transgress the law, it can scarcely be questioned that this is a duty which they really owe the public. They are expected to advise in respect of such matters as promise to conserve the health and lives of the people, and surely this is a matter of sufficient importance to warrant them in speaking plainly. There are few physicians who cannot cite many instances in which quack interference has been productive of most distressing results, and probably nothing is of such educational value as the dispassionate relation of personal observations. The "Bulletin" is, therefore, glad to place this matter before the profession, and to ask that physicians lose no opportunity to stress the dangers of quackery upon their clientele and others who come within their sphere of influence. In this way, the people will be impressed as they could not otherwise be impressed with the justice as well as with the real motive of any legal action which may be taken against those who violate the provisions of the Medical Act—which, by the way, should be recognized as a Public Act and consequently one to be enforced with the full support of duly constituted legal authority.

## RASSELAS AND THE STUDY OF MEDICINE

“The art of the physician can do much to remove its subjects from deadly and dangerous influences, and something to control or arrest the effects of these influences. But look at the records of the life-insurance offices, and see how uniform is the action of nature’s destroying agencies. Look at the annual reports of the deaths in any of our great cities, and see how their regularity approaches the uniformity of the tides, and their variations keep pace with those of the seasons. The inundations of the Nile are not more certainly to be predicted than the vast wave of infantile disease which flows in upon all our great cities with the growing heats of July—than the fevers and dysenteries which visit our rural districts in the months of the falling leaf.

“The physician watches these changes as the astronomer watches the rise of the great river. He longs to rescue individuals, to protect communities from the inroads of these destroying agencies. He uses all the means which experience has approved, tries every rational method which ingenuity can suggest. Some fortunate recovery leads him to believe he has hit upon a preventive or a cure for a malady which had resisted all known remedies. His rescued patient sounds his praises, and a wide circle of his patient’s friends join in a chorus of eulogies. Self-love applauds him for his sagacity. Self-interest congratulates him on his having found the road to fortune; the sense of having proved a benefactor of his race smooths the pillow on which he lays his head to dream of the brilliant future opening before him. If a single coincidence may lead a person of sanguine disposition to believe that he has mastered a disease which had baffled all who were before his time, and on which his contemporaries looked in hopeless impotence, what must be the effect of a series of such coincidences even on a mind of calmer temper! Such series of coincidences will happen, and they may well deceive the very elect. Think of Dr. Rush—you know what a famous man he was, the very head and front of American medical science in his day—and remember how he spoke about yellow fever, which he thought he had mastered.

“Thus the physician is entangled in the meshes of a wide conspiracy, in which he and his patient and their friends, and Nature herself, are involved. What wonder that the history of Medicine should be to so great an extent a record of self-delusion!

“If this seems a dangerous concession to the enemies of the true science and art of healing, I will remind you that it is all implied in the first aphorism of Hippocrates, the Father of Medicine. Do not draw a wrong inference from the frank statement of the difficulties which beset the medical practitioner. Think rather, if truth is so hard of attainment, how precious are the results which the consent of the wisest and most experienced among the healers of men agrees in accepting. Think what folly it is to cast them aside in favor of

palpable imposition stolen from the records of forgotten charlatanism, or of fantastic speculations spun from the squinting brains of theorists as wild as the Egyptian astronomer.

“Begin your medical studies, then, by reading the fortieth and the following four chapters of ‘Rasselas.’ Your first lesson will teach you modesty and caution in the pursuit of the most deceptive of all practical branches of knowledge. Faith will come later, when you learn how much medical science and art have actually achieved for the relief of mankind, and how great are the promises it holds out of still larger triumphs over the enemies of human health and happiness.”

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## PUBLIC HEALTH NOTES.

Issued by the Department of the Public Health, Nova Scotia.  
Halifax, N. S., April 11th, 1923.

### Appointment of Divisional Medical Health Officer.

The appointment of Dr. P. S. Campbell, of Port Hood, as Divisional Medical Health Officer in the Department of the Public Health, has quite recently been made and Dr. Campbell has already entered upon the duties connected with the position.

Dr. Campbell needs no introduction to Nova Scotia practitioners, especially to those perhaps who have had positions connected in any way with the Public Health Department of the Province. His papers before the Association of Medical Health Officers and his proven interest in matters relating to public health will be remembered by those who have, of recent years, attended the sessions of the Association. In addition to possessing this interest and enthusiasm, Dr. Campbell enters upon his duties with a thorough and practical acquaintance of the public health procedure followed in this Province, procured during his connection with local health interests of his county, while occupying the position of Medical Health Officer. That he did so acceptably, promises that this more responsible health position, now his, can be safely committed to his care.

### Association of Medical Health Officers.

As heretofore, the day preceding the annual meeting of the Nova Scotia Medical Society will be taken up by the annual meeting of the Association of Medical Health Officers. Windsor, therefore, is the place and Tuesday, July 3rd, the date, in and on which the Association meeting will be held. It is hoped that the attendance will be such as to make most interesting and profitable the sessions of the Association, and that every Medical Health Officer who can do so, will arrange to be present.

## Society Meetings.

Dates have been, more or less, definitely fixed for a number of the meetings of the various Societies, the members of which are mainly drawn from the ranks of the Medical Profession.

It is planned on holding the annual meeting of the Canadian Public Health Association in Edmonton on Tuesday, Wednesday and Thursday, June 12th, 13th and 14th.

The Canadian Medical Association will meet in Montreal on the same dates, and arrangements for the places in which the meetings are to be held and the programme to be presented are proceeding satisfactorily.

At Alberta, on June 12th to 14th, will be held the meetings of the Canadian Tuberculosis Association, the business of the sessions being completed in sufficient time to allow members who may wish to do so, to attend the meeting of the National Tuberculosis Association which meets at Santa Barbara, California, on June 20th, 21st and 22nd.

So far as Nova Scotia is concerned, the meeting of the Provincial Medical Society to be held at Windsor on July 4th and 5th promises to be one of more than usual interest. The list of persons whose presence has been arranged for includes Dr. J. W. S. McCullough, Chief Health Officer of Ontario; Dr. T. C. Routley, Secretary of the Canadian Medical Association and such well known practitioners as Dr. D. Cheever of Boston and Dr. A. H. Gordon of Montreal.



# OBITUARY

**DR. WILLIAM FREDERIC SMITH, M. D.**

**University of New York, 1886: M. R. C. S., England, 1908:  
L. R. C. P., London, 1908: Halifax, N. S.**

(Halifax Daily)

A well-known city physician, in the person of Dr. William Frederick Smith, of No. 143 South Park St., passed away Sunday at the Halifax Infirmary. Dr. Smith, who was 58 years of age, had been confined by his serious illness for only a week, but he had been in failing health ever since 1917 when he suffered blood poisoning and since then the effect was very noticeable in his appearance on the street. Dr. Smith was a native of Woodville, Hants County. He graduated at the University of New York in 1886, became a M.R.C.S (England) in 1908 and L.R.C.P. (London) the same year. He married Miss Godon, daughter of the late James Gordon, of this city, and his wife survives him.

## MELANGE

(Sam Slick)

Now I hate an epicure above all created things—worse than lawyers, doctors, politicians, and selfish fellows of all kinds. In a giniral way he is a miserable critter, for nothin' is good enough for him or done right, and his appetite gives itself as many airs, and requires as much waitin' on, as a crotchetty, fanciful, peevish oldlady of fashion. If a man's sensibility is all in his palate he can't in course have much in his heart. Makin' oneself miserable, fastin' in sackcloth and ashes, ain't a bit more foolish than makin' oneself wretched in the midst of plenty, because the sea, the air, and the earth won't give him the dainties he wants, and Providence won't send the cook to dress them. To spend one's life in eating, drinking and sleeping, or like a bullock, in ruminating on food, reduces a man to the level of an ox or an ass. The stomach is the kitchen, and a very small one too, in a general way, and broiling, simmering, stewing, baking, and steaming, is a goin' on there night and day. The atmosphere is none of the pleasantest neither, and if a man chooses to withdraw into himself and live there, why I don't see what earthly good he is to society, unless he wants to wind up life by writin' a cookery-book. I hate them—that's just the tarm, and I like tarms that express what I mean.

I knew a clergyman to home, a monstrous pious man, and so delicate minded, he altered a great many words and passages in the Church Service, he said he couldn't find it in his heart to read them out in meetin', and yet that fellow, to my sartain knowledge, was the greatest scamp in private life I ever knew. Gracious knows, I don't approbate coarseness, it shocks me, but narvous sensibility makes me sick. I like to call things by their right names, and I call a leg a leg, and not a larger limb; a shirt a shirt, though it is next the skin, and not a linen vestment; and a stocking a stocking, though it does reach up the leg, and not a silk hose; and a garter a garter, though it is above the calf, and not an elastic band or a hose suspender. A really modest woman was never squeamish. Fastidiousness is the envelope of indelicacy. To see harm in ordinary words betrays a knowledge, and not an ignorance of evil.

## MEDICINE AND THE HUMANITIES.

The fully equipped physician must know more than disease and drugs. He must know human urges, fundamental and acquired, and their dominion over man. The lives of really great physicians from Hippocrates to Osler testify to this. Dr. Charles L. Dana, an effective liaison officer between the public and the profession—being President of the Academy of Medicine and Chairman of the Public Health Committee—calls attention to it anew in the Weir Mitchell Oration recently delivered in Philadelphia.

Medical educators realise better than any one else, save medical students, that the curriculum is already top-heavy and threatens to capsize the craft. Dr. Dana urges medical schools to organize, non-technical courses at the cost of learning less of the specialities, at least in the undergraduate school. Under the title of "Medicine and the Humanities," he sets forth his thesis through example rather than argument, taking as illustration the life work of Dr. S. Weir Mitchell whose career, he says, bears out Matthew Arnold's often-quoted statement to the effect that two-thirds of human life have to do with problems of conduct. "I would say that it is even more true in medical practice that two-thirds efficiency and success depend on conduct and character, and hardly one-third on technique."

Dr. Mitchell was foremost in the group whose work marked the early days of American Neurology:

His contributions to scientific and practical medicine were many and were acknowledged to be far-reaching and enormously helpful. He contributed to laboratory work, as well as to clinical medicine and therapeutics. He changed and added to methods of medical practice. But in particular he showed the value of the personal equation in applying our art in practice. Without hunting for buried and sodden complexes, he found and routed them out by his compelling skill. He accomplished psychoanalysis without stirring up the muddy depths of a Cimmerian past; he was the father of the best modern phases of psychotherapy, and in particular he showed how much the non-technical side of the physician and his cultural values have power to accomplish.

Dr. Dana believes that every great "peak" in the history of medicine has been coincident with, if not actually an outgrowth from, a great epoch in the cultivation of the humanities. Likewise, the individual lives of the most eminent physicians have been super-structures of science, built upon foundations of personal culture. I would emphasize under the term "culture" the study, knowledge and sympathetic appreciation of the best things thought and said and done in the history of mankind; the well-written stories of the achievements and mistakes of the great periods in human progress. He believes that cultivation of the aesthetic sense is of "practical"

value to the physician; "Doctors who have some sincere religious feeling and interest, who have some music or art as an avocation, penetrate more easily into the souls, bodies and even pockets of their patients."

To the absence of such culture, to the overemphasis upon technique, and the neglect of education in the broadest sense, are chargeable the lack of mental balance and sanity, the epidemic of fads, foibles and "isms" which are bearing in upon medicine on all sides to-day. The vulnerable spot of the scientist is the point of attack for this pseudo-scientist and the quack. What answer has "technique" to the great human cry that is being momentarily drugged into silence by one after another of the fads of the day? Naturally, people snatch at the panacea, particularly when it is offered under stamp and seal of the medical profession. Perhaps the art of medicine cannot be taught. But the fundamental principles upon which it is based can be formulated and stated. He who essays to acquire the art can then decide whether it is beyond his accomplishment or not. At least, he should have the opportunity and he should be constantly reminded that such acquisition is essential to his success.

— *New York Sunday Times.*

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## HALIFAX BRANCH OF THE MEDICAL SOCIETY OF NOVA SCOTIA—ANNUAL BANQUET

Carleton Hotel, Wednesday, April 18, 1923,

### MENU

OYSTER COCKTAIL

QUEEN OLIVES

BISQUE OF TOMATO

BROILED FRESH HALIBUT

Saratoga Chips

SWEETBREAD CROQUETTES

Mushroom Sauce

ROAST YOUNG TURKEY

Cranberry Sauce

MASHED POTATOES

GREEN PEAS

BUTTERED TURNIPS

FRUIT SALAD

STRAWBERRY TARTLETS

NEAPOLITAN ICE CREAM

ASSORTED PETI FOURS

COFFEE

ANNUAL MEETING MEDICAL SOCIETY OF NOVA SCOTIA.  
WINDSOR, N. S.

**Tuesday, Wednesday and Thursday—July 3rd, 4th, and 5th.**

**Tuesday, July 3rd**—(morning, afternoon and evening) Annual Session Medical Health Officers.

8.00 p. m.—Meeting Executive Committee Medical Society of Nova Scotia.

**Wednesday, July 4th**,—10.00 a. m.—Registration.

10.30 a. m.—Meeting called to order, routine business.

12.30 p. m.—Adjournment.

2.30 p. m.—Meeting called to order.

Address in Surgery "Factors in Surgical Progress," Dr. David Cheever, Boston.

Discussion, Dr. J. G. MacDougall, Dr. G. H. Murphy. Paper, "The Cancer Problem," Dr. John Stewart.

Discussion, Dr. H. K. MacDonald, Dr. W. N. Reh fuss. Paper, "Spinal Surgery," Dr. A. R. Campbell, Yarmouth, N. S.

Discussion, Dr. E. V. Hogan, Dr. W. A. Curry.

8.00 p. m.—Public Meeting.

Address of "Welcome" and reply.

Presidential Address, Dr. Ross Millar.

Public Health Address, "Public Health Administration."

Dr. J. W. S. MacCullough, Toronto, Ont.

Discussion, Dr. W. H. Hattie, Dr. J. K. McLeod.

**Thursday, July 5th**—10.00 a. m.—Meeting called to order.

10.30 a. m.—Address in Medicine "Some aspects of Migraine," Dr. A. H. Gordon, Montreal.

Discussion, Dr. K. A. McKenzie, Dr. W. B. Moore.

Paper, "Medical Organization," Dr. T. C. Routley, Toronto.

Paper, "Insulin," Dr. K. A. McKenzie.

Discussion,

Paper, "Reflections to Inspire," Dr. M. E. McGarry, Margaree.

Discussion, Dr. J. G. McDougall.

2.30 p. m.—Paper, "Relation of Infections to Nutrition," Dr. G. B. Wiswell.

Discussion, Dr. T. A. Lebbetter.

Paper, "Clinical Value of D'Espine's Sign," Dr. T. M. Sieniewicz.

Discussion, Dr. M. J. Carney.  
Paper, "Mental Hygiene," Dr. F. E. Lawlor.  
Discussion, Dr. F. V. Woodbury, Dr. E. P. Brison.

7.30 p. m.—Paper, "Some Present Day Methods of Investigation in certain Kidney and Bladder conditions," (illustrated with lantern slides), Dr. F. G. Mack.

Discussion, Dr. O. B. Keddy, Dr. W. H. Eagar.

Paper, "A Plea for the standardization and advancement of X-Ray in Nova Scotia," Dr. W. H. Eagar.

Discussion, Dr. George H. Murphy.

Paper, "Diagnosis of Diseases of the Gastro-intestinal Tract, particularly from a Roentgenological Standpoint," Dr. S. R. Johnston.

Discussion, Dr. K. A. McKenzie.

Paper or demonstration, Dr. A. G. Nicholls.

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### MEDICAL HEALTH OFFICERS ANNUAL SESSION

The Annual meeting of the Association of Medical Health Officers of the Province will be held in Windsor on Tuesday, July 3rd, the day immediately preceding the meeting of the Medical Society of Nova Scotia. The President of the Association is Dr. G. C. W. Bliss, Medical Health Officer of the town of Amherst.

The promise of some most valuable addresses has already been obtained, and the meeting of the Association will, it is hoped, be very largely attended.

Under the provisions of the Health Act, a Medical Health Officer who attends the meeting is entitled to reimbursement from the Municipal or Town Funds, of the expenses incident thereto.

# MEDICAL SOCIETY OF NOVA SCOTIA

Officers—1922-1923

## Place of Meeting, Windsor, N. S.

President . . . . .	Dr. Ross Millar, Amherst
1st Vice-President . . . . .	Dr. O. B. Keddy, Windsor
2nd Vice-President . . . . .	Dr. J. J. Cameron, Antigonish
Secretary-Treasurer . . . . .	Dr. J. G. D. Campbell, Halifax
Associate-Secretary . . . . .	Dr. S. L. Walker, Halifax

## Executive

- |                                      |                                  |
|--------------------------------------|----------------------------------|
| (a) Cape Breton Medical Society      | (b) Halifax Medical Society      |
| 1. Dr. J. G. B. Lynch, Sydney        | 1. Dr. M. G. Burris              |
| 2. Dr. L. W. Johnston, Sydney Mines  | 2. Dr. J. R. Corston             |
| 3. Dr. J. J. Roy, Sydney             | 3. Dr. C. S. Morton              |
|                                      | 4. Dr. K. A. MacKenzie           |
|                                      | 5. Dr. G. H. Murphy              |
| (c) Pictou Medical Society           | (d) Valley Medical Society       |
| 1. Dr. John Bell, New Glasgow        | 1. Dr. L. R. Morse, Lawrencetown |
| 2.                                   | 2. Dr. E. O. Hallett, Weymouth   |
|                                      | 3. Dr. J. G. McNally, Berwick    |
| (e) Lunenburg-Queens Medical Society | (f) Yarmouth Medical Society     |
| 1. Dr. G. Maclellan, Lunenburg       | 1. Dr. A. J. Fuller, Yarmouth    |
| 2. Dr. N. W. Rehfuss, Bridgewater    |                                  |
| (g) Colchester-Hants Medical Society | (h) Cumberland Medical Society   |
| 1. Dr. E. E. Bissett, Windsor        | 1. Dr. J. A. Munroe, Amherst     |
| 2. Dr. F. F. Eaton, Truro            | 2. Dr. D. McIntosh, Pugwash      |

## Committee on the Cogswell Library

1. Dr. D. Fraser Harris, Halifax, N. S., (Chairman)
2. Dr. J. R. Corston, Halifax, N. S.
3. Dr. John Stewart, Halifax, N. S.
4. Dr. P. Weatherbee, Halifax, N. S.
5. Dr. J. G. MacDougal, Halifax, N. S.

## Committee of Arrangement

The Medical men of the Colchester-Hants Medical Society.

## Committee on Public Health

1. Dr. M. E. Armstrong, Bridgetown, N. S., (Chairman)
2. Dr. F. V. Woodbury, Halifax, N. S.
3. Dr. A. S. Kendall, Sydney, N. S.
4. Dr. H. H. McKay, New Glasgow, N. S.
5. Dr. L. P. Churchill, Shelburne, N. S.

## Executive C. M. A.

1. Dr. H. K. McDonald, Halifax, N. S.
2. Dr. John Bell, New Glasgow, N. S.

## Council C. M. A.

1. Dr. Ross Millar, President, *Ex Officio*
2. Dr. G. H. Murphy
3. Dr. J. J. Roy
4. Dr. O. B. Keddy

## AFFILIATED SOCIETIES

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### CAPE BRETON MEDICAL SOCIETY

President ..... Dr. John MacDonald, Sydney, N. S.  
Vice-President ..... Dr. W. T. Keough, Sydney Mines, N. S.  
Secretary-Treasurer .... Dr. J. G. Lynch, Sydney, N. S.

#### Representatives on Provincial Executive

Dr. J. G. Lynch, Sydney, N. S.  
Dr. L. W. Johnston, Sydney Mines, C. B.  
Dr. J. J. Roy, Sydney, C. B.

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### HALIFAX MEDICAL SOCIETY

President ..... Dr. C. S. Morton  
Vice-President ..... Dr. E. V. Hogan  
Secretary-Treasurer ..... Dr. S. J. Turel

#### Members of the Local Executive

Dr. K. H. MacDonald  
Dr. L. J. Churchill  
Dr. J. G. MacDougall  
Dr. V. L. Miller  
Dr. S. R. Johnston

#### Representatives Provincial Executive

Dr. M. G. Burris  
Dr. K. A. MacKenzie  
Dr. C. S. Morton  
Dr. J. R. Corston  
Dr. G. H. Murphy

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### VALLEY MEDICAL SOCIETY

President ..... Dr. W. F. Read, Digby  
Vice-President ..... Dr. A. S. Burns, Kentville  
Vice President ..... Dr. W. S. Phinney, Lawrencetown  
Vice-President ..... Dr. A. B. Campbell, Bear River  
Secretary-Treasurer .... Dr. J. A. Sponagle, Middleton

#### Representatives on Executive Provincial Society

Dr. E. O. Hallett, Weymouth  
Dr. L. R. Morse, Lawrencetown  
Dr. G. J. McNally, Berwick

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### COLCHESTER-HANTS MEDICAL SOCIETY

#### Officers 1922-1923

President ..... Dr. F. R. Shankel, Hantsport  
Vice-President ..... Dr. Dexter McCurdy, Truro  
Secretary-Treasurer .... Dr. H. V. Kent, Truro

#### Executive

Dr. R. O. Shatford, Londonderry  
Dr. F. F. Eaton, Truro  
Dr. C. H. Morris, Windsor



## LUNENBURG-QUEENS MEDICAL SOCIETY

### Officers for 1922-1923

President ..... Dr. Wm. Rehffuss, Bridgewater  
Vice-President ..... Dr. R. G. MacLellan, Lunenburg  
Secretary-Treasurer ..... Dr. L. T. W. Penny, New Germany

### Executive

The above Officers with:

Dr. Wm. Cochrane, Mahone                      Dr. D. W. N. Zwicker, Chester

Annual Meeting is held on the second Tuesday in June, of each year, and other Meetings on the second Tuesday of August and January, the time and place of the two latter Meetings, to be decided by the Executive.

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## YARMOUTH COUNTY MEDICAL SOCIETY

President ..... G. W. Farish, M. D.  
Vice President ..... Z. Hawkins, M. D.  
Secretary-Treasurer .... F. E. Gullison, M. D.

### Executive

Town:—W. C. Harris, M. D.  
County:—Dr. Morton

Member of Executive of the Provincial Society:—Dr. A. J. Fuller

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## EASTERN COUNTIES MEDICAL SOCIETY

### Officers

Hon. President ..... Dr. Geo. E. Buckley, Guysboro  
President ..... Dr. J. J. Cameron, Antigonish  
Vice-President ..... Dr. J. S. Brean, Mulgrave  
Secretary-Treasurer .... Dr. P. S. Campbell, Port Hood

### Executive Committee

The Officers and—

Dr. J. A. Proudfoot, Inverness	Dr. M. E. McGarry, Margaree Forks
Dr. J. A. McDonald, St. Peter's	Dr. B. A. LeBlanc, Arichat
Dr. J. J. McRitchie, Goldboro	E. F. Moore, Hazel Hill
Dr. J. F. McIsaac, Antigonish	Dr. R. F. McDonald, Antigonish

Nominated to Executive of the Provincial Society: Dr. W. F. McKinnon, Antigonish.

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## CUMBERLAND COUNTY MEDICAL SOCIETY

### Officers

President ..... Dr. D. Mackintosh, Pugwash, N. S.  
1st Vice-President ..... Dr. Wm. Rockwell, River Hebert, N. S.  
2nd Vice-President .... Dr. M. J. Wardrope, Springhill, N. S.  
3rd Vice-President ..... Dr. M. D. MacKenzie, Parrsboro, N. S.  
Secretary-Treasurer .... Dr. W. T. Purdy, Amherst, N. S.

Members of Executive, Medical Society of Nova Scotia:

Dr. D. Mackintosh, Pugwash, N. S.  
Dr. J. A. Munro, Amherst, N. S.

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## PICTOU COUNTY MEDICAL SOCIETY

### Officers

President ..... Dr. Evan Kennedy  
Secretary-Treasurer .... Dr. John Bell

Member on Executive of N. S. Medical Society, Dr. John Bell  
Meetings:—First Tuesday in January, April, July, and October. Annual Meeting in July.